

MONTGOMERY PARKS  
**GUIDE**  
SPRING 2023



CLASSES. PROGRAMS. ACTIVITIES. EVENTS.





## MONTGOMERY PARKS | SPRING 2023

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**Programs are subject to change.**  
**For the most up-to-date listings visit: [MontgomeryParks.org](https://www.MontgomeryParks.org)**



# MONTGOMERY PARKS DIRECTORY

## ATHLETIC FIELDS

Visit [Athletic Fields](#) for reservation information.

## ARCHERY

### [South Germantown Recreational Park](#)

18045 Central Park Circle, Boyds, MD 20841

### [Rock Creek Regional Park](#)

5700 Needwood Lake Circle, Rockville, MD 20855

## BASKETBALL, TENNIS & PICKLEBALL COURTS (OUTDOOR)

Visit [Sports](#) for a list of court locations.

## BOATING

### [Black Hill Boats](#)

20920 Lake Ridge Drive, Boyds, MD 20841 • 301-528-3466

### [Lake Needwood Boats](#)

15700 Needwood Lake Circle, Rockville, MD 20855  
301-563-7540

## CAMPING

### [Little Bennett Campground](#)

23705 Frederick Road, Clarksburg, MD 20871  
301-528-3430

### [Robert C. McDonell Campground](#)

7701 Tuckerman Lane, Rockville, MD 20854 • 301-495-2525

Visit [Rentals and Permits](#) for additional camping options.

## CAROUSEL

### [Ovid Hazen Wells Carousel](#)

2002 Shorefield Road, Wheaton, MD 20902

## COMMUNITY GARDENS

Visit [Community Gardens](#) for information.

## CULTURAL & HISTORIC ATTRACTIONS

Visit [History in the Parks](#) for more information.

### [Agricultural History Farm Park](#)

18400 Muncaster Road, Derwood, MD 20855  
301-840-5120

### [Kingsley Schoolhouse](#)

24472 Clarksburg Road, Clarksburg, MD 20871  
301-650-4373

### [Josiah Henson Museum & Park](#)

11410 Old Georgetown Road, North Bethesda, MD 20852  
301-765-8790

### [Oakley Cabin African American Museum](#)

3610 Brookeville Road, Olney, MD 20832  
301-650-4373

### [Woodlawn Manor Cultural Park](#) and [Underground Railroad Experience Trail](#)

16501 Norwood Road, Sandy Spring, MD 20860  
301-929-5989

## DOG PARKS

### [Black Hill Regional Park Dog Park](#)

20930 Lake Ridge Drive, Boyds, MD 20841  
On Picnic Lane, SE of boat rentals on Lake Ridge Drive

### [Cabin John Regional Park Dog Park](#)

7400 Tuckerman Lane, Bethesda, MD 20817

### [Dewey Local Park Dog Park](#)

1720 Dewey Road, Silver Spring, MD 20906

### [Ellsworth Urban Park Dog Park](#)

621 Ellsworth Drive, Silver Spring, MD 20910

### [Olney Manor Recreational Park Dog Park](#)

16601 Georgia Avenue, Olney, MD 20832

### [Piedmont Woods Local Park Dog Park](#)

12835 Snowden Farm Parkway, Clarksburg, MD 20871

### [Ridge Road Recreational Park Dog Park](#)

21155 Frederick Road, Germantown, MD 20876

### [Wheaton Regional Park Dog Park](#)

11710 Orebaugh Avenue, Wheaton, MD 20902

## DRIVING RANGE/GOLF

### [South Germantown Driving Range](#)

18045 Central Park Circle, Boyds, MD 20841  
301-670-4670

## EVENT CENTERS

*Ideal venues for weddings, special events, meetings and more!*

### [Brookside Gardens](#)

1800 Glenallan Avenue, Wheaton, MD 20902  
301-962-1404

Email: [Event.Manager@MontgomeryParks.org](mailto:Event.Manager@MontgomeryParks.org)

### [The Lodge at Little Seneca Creek](#)

14500-A Clopper Road, Boyds, MD 20841  
301-528-6010

Email: [SenecaLodge@MontgomeryParks.org](mailto:SenecaLodge@MontgomeryParks.org)

### [Rockwood Manor Retreats and Events](#)

11001 MacArthur Boulevard, Potomac, MD 20854  
301-563-7510

Email: [RockwoodManor@MontgomeryParks.org](mailto:RockwoodManor@MontgomeryParks.org)

**GARDENS**

**Brookside Gardens**

1800 Glenallan Avenue, Wheaton, MD 20902  
301-962-1400 general information  
301-962-1404 event rentals

**McCrillis Gardens**

6910 Greentree Road, Bethesda, MD 20817  
301-962-1455

**GOLF**

*Golf courses are operated by the [Montgomery County Revenue Authority](https://www.montgomerycountymd.gov/RevenueAuthority/).*

**Little Bennett Golf Course**

25900 Prescott Road Clarksburg, Maryland 20871  
301-253-1515

**Needwood Golf Course**

6724 Needwood Road, Derwood, MD 20855  
301-948-1075

**Northwest Park Golf Course**

15711 Layhill Road, Silver Spring, MD 20906  
301-598-6100

**Sligo Creek Golf Course**

9701 Sligo Creek Parkway, Silver Spring, MD 20901  
301-585-6006

**HORSEBACK RIDING & STABLES**

*Equestrian facilities are managed by private operators through partnerships with M-NCPPC.*

**Callithea Farm Park**

15000 River Road, Potomac, MD 20854  
301-977-8010

**Meadowbrook Riding Stables**

8200 Meadowbrook Lane, Chevy Chase, MD 20815  
301-589-9026

**Potomac Horse Center**

14211 Quince Orchard Road, N. Potomac, MD 20878

**Rickman Farm Horse Park**

17320 Moore Road, Boyds, MD 20841  
301-349-0075

**Wheaton Regional Park Stables**

1101 Glenallen Avenue, Wheaton, MD 20902  
301-622-2424

**Woodstock Equestrian Park**

20100 Darnestown Road, Beallsville, MD 20839  
301-495-2525

**ICE SKATING**

**Cabin John Ice Rink**

10610 Westlake Drive, Rockville, MD 20852  
301-765-8620

**Wheaton Ice Arena**

11717 Orebaugh Avenue, Wheaton, MD 20902  
301-905-3000

**MINIATURE GOLF**

**South Germantown Miniature Golf**

18056 Central Park Circle, Boyds, MD 20841  
301-670-4680

**NATURE CENTERS**

**Black Hill Visitor Center**

20926 Lake Ridge Drive, Boyds, MD 20841  
301-528-3492

**Brookside Nature Center**

1400 Glenallan Avenue, Wheaton, MD 20902  
301-962-1480

**Locust Grove Nature Center**

7777 Democracy Boulevard, Bethesda, MD 20817  
301-765-8660

**Maydale Nature Classroom**

1638 Maydale Drive, Colesville, MD 20905  
301-962-1496

**Meadowside Nature Center**

5100 Meadowside Lane, Rockville, MD 20855  
301-258-4030

**PARK ACTIVITY BUILDINGS & PICNIC SHELTERS**

Visit [Park Permits](#) for rental information.

**SKATING AND BMX**

***In-line Hockey Rink***

**Dewey Local Park**

11720 Dewey Road, Veirs Mill, MD 20906

**Ridge Road Recreational Park**

21155, Frederick Road, Germantown, MD 20876

***Mountain Bike and BMX Pump Track***

**South Germantown Recreational Park**

18045 Central Park Circle, Boyds, MD 20841

**SKATING AND BMX (CONTINUED)**

**Skate Park**

**Fairland Recreational Park**  
**The Pit at Fairland Bike Park**

3928 Greencastle Road  
Fairland, MD 20866

**Olney Manor Skate Park**

16601 Georgia Avenue, Olney, MD 20832

**Takoma-Piney Branch Local Park**

2 Darwin Avenue Takoma Park, MD 20910

**Woodside Urban Park**

8800 Georgia Avenue, Silver Spring, MD 20910

**SPLASH PARK**

**South Germantown SplashPark**

18056 Central Park Circle, Boyds, MD 20841  
301-670-4680

**TENNIS (INDOOR)**

**Pauline Betz Addie Tennis Center**

7801 Democracy Boulevard, Bethesda, MD 20817  
301-765-8650

**Wheaton Indoor Tennis**

11715 Orebaugh Avenue, Wheaton, MD 20902  
301-905-3030

**Montgomery TennisPlex\***

18010 Central Park Circle, Boyds, MD 20841  
240-477-4430z

*\* This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.*

**TRAILS**

Visit [Trails](#) for maps and detailed information about the more than 250 miles of trails in Montgomery Parks.

**TRAINS (MINIATURE)**

**Cabin John Miniature Train**

7410 Tuckerman Lane, Rockville, MD 20852  
301-765-8670 • 301-650-2880 party rentals

**Wheaton Train and Carousel**

2002 Shorefield Road, Wheaton, MD 20902  
301-563-7545 • 301-650-2880 party rentals

**TURF FIELD**

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

**Wheaton Sports Pavilion**

11751 Orebaugh Avenue, Wheaton, MD 20902  
301-905-3070

**CONTACT INFORMATION**

**Montgomery Parks**

2425 Reddie Drive, Wheaton, MD 20902

**Customer Service**

General park Information or to report maintenance requests or concern:

Call: 301-495-2595

Email: [Info@MontgomeryParks.org](mailto:Info@MontgomeryParks.org)

**Permits & Rentals**

Call: 301-495-2525

Email: [ParkPermits@MontgomeryParks.org](mailto:ParkPermits@MontgomeryParks.org)

**Volunteer Opportunities**

Call: 301-495-2504

Email: [ParksVolunteers@MontgomeryParks.org](mailto:ParksVolunteers@MontgomeryParks.org)

**RainoutLine**

Call: 301-579-5610 for Athletic Fields

Call: 240-270-0008 for Trail Conditions

**Park Police**

Call: 301-949-8010, Emergency call 911

Twitter: [@ParkPolice](https://twitter.com/ParkPolice)

**ACCESSIBILITY**

**Program Access & Inclusion Services**

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Call: 301-495-2477

MD Relay: 7-1-1 or 800-552-7724

Email: [ProgramAccess@MontgomeryParks.org](mailto:ProgramAccess@MontgomeryParks.org)





## WAYS TO REGISTER

### Online

Click the Course # link next to each program in this guide to register for that program or visit [ActiveMONTGOMERY](https://www.ActiveMONTGOMERY.org)

### By Mail

Fill out and sign the registration form and mail it to:

ActiveMONTGOMERY  
2425 Reddie Drive, 10th Floor  
Wheaton, MD 20902

**In-person registration is currently suspended.**

### Questions?

Call: 301-495-2580  
Monday–Friday, 8:30 am–4:30 pm  
Email: [Info@ActiveMONTGOMERY.org](mailto:Info@ActiveMONTGOMERY.org)

## REGISTRATION DATES

Spring Programs: February 13  
Ice/Tennis Spring Term: April 17–23



Thank you  
for all you do.

VOLUNTEER IN PARKS

# Naturally!

## Volunteering in Montgomery Parks is such a natural thing to do!

We love the folks in our community who get involved—and we think you'll love volunteering with us too. Check out some of our Spring opportunities below, and go to [ParksVolunteers.org](https://ParksVolunteers.org) to see all of our most up to date postings! Be on the lookout for special volunteer events for Earth Month!

\* **Help keep our parks clean, accessible and free of non-native invasive plants at one of these workdays!** Park Cleanups, Trail Workdays, Weed Warrior Workdays

\* **Hosts** – Welcome visitors to our Nature Centers or the Agricultural History Farm with a smile and information that will help them enjoy our trails, facilities and programs.

\* **Gardeners** – Spring is coming and gardens at our nature centers and the Agricultural History Farm are waking up! Volunteers will help keep them attractive and appealing to park visitors and pollinators alike.

\* **Camp Counselors** – Help create magical experiences for young children while they explore nature in our week-long summer camps! Volunteer for at least one week (40 hours) to assist staff with education activities, games, and field trips.

\* **Earth Month** – April is Earth Month, and we'll “naturally” have lots of volunteer opportunities, with park cleanups, festivals and other activities.

### LONG TERM

\* **Kingsley School House Docents, Little Bennett** – Assist our “schoolmaster” showing what learning was like in the past out our historic Schoolhouse.

\* **Oakley Cabin Docents, Brookeville** – Give tours of our cabin that was home to free African Americans from Emancipation to the 20th century.

\* **Stream Striders, Watershed Cleanup Leaders – Spring Training**  
Teach groups about why it is important to keep our parks and streams litter free.

\* **Instructional Ice Skating Aides, Cabin John and Wheaton Ice Arenas** – Assist instructors and be an extra pair of hands for group lessons – skating experience required.

*We ♥ our  
volunteers!*



[ParksVolunteers.org](https://ParksVolunteers.org) | 301-495-2504



# Trails open? Game on?

Montgomery Parks  
has you covered.

When inclement weather occurs, use the **RainoutLine** system to get instant information on Montgomery Parks trails and athletic fields.

Three ways to access RainoutLine:

- 1 **Phone:** Trail Conditions: 240-270-0008 or Athletic Field Status: 301-579-5610
- 2 **Online:** Go to [MontgomeryParks.org/RainoutLine](https://MontgomeryParks.org/RainoutLine)
- 3 **App:** Download the free mobile app for your smartphone.

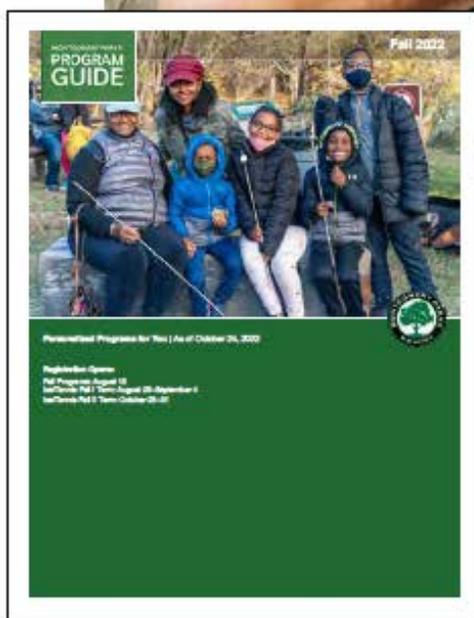
[MontgomeryParks.org/RainoutLine](https://MontgomeryParks.org/RainoutLine)

MONTGOMERY PARKS  
**Rainout Line**



**NEW!**

# Build Your Own Guide!

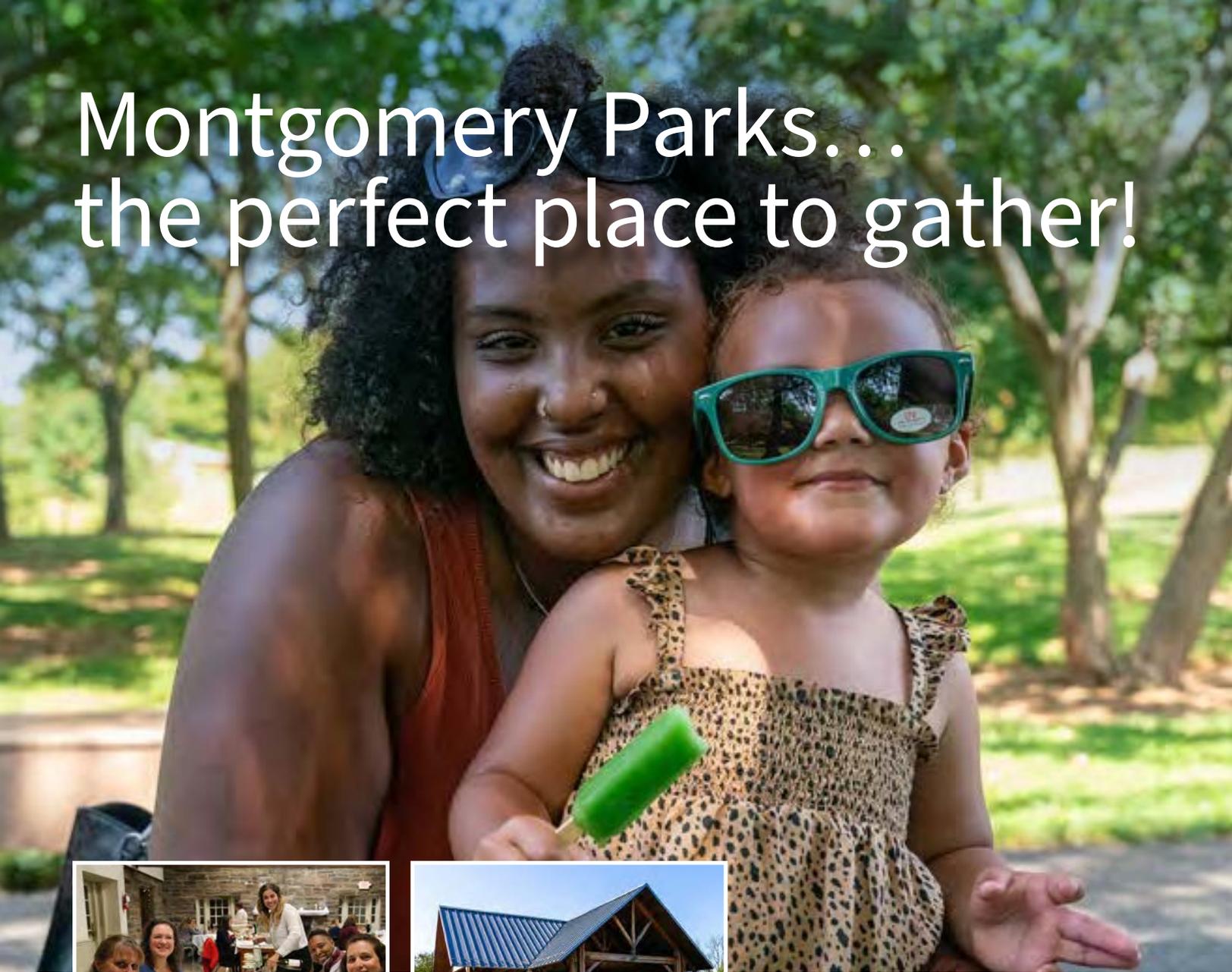


- The new online Build Your Own Guide tool allows you to create a digital program guide customized to your specific interests.
- In just three easy steps, you can select the program categories, locations and age ranges you prefer, and then download or print your personalized guide at home.

[MontgomeryParks.org/Your-Guide](https://MontgomeryParks.org/Your-Guide)



# Montgomery Parks... the perfect place to gather!



BIRTHDAY PARTIES • RECEPTIONS • REUNIONS •  
NEIGHBORHOOD GATHERINGS • BUSINESS MEETINGS

Park Activity Buildings available  
year-round

Picnic Shelters available  
to rent April 1–October 31

Convenient and affordable, our **Park Activity Buildings** and **Picnic Shelters** provide all the amenities needed to make your next event enjoyable and hassle-free!



View availability  
and book online at  
[ActiveMontgomery.org](https://www.ActiveMontgomery.org)

## Contact the Park Permits Office for rental information

P: Monday–Friday, 8:30am–5pm | 301.495.2525

E: [ParkPermits@MontgomeryParks.org](mailto:ParkPermits@MontgomeryParks.org) | W: [ParkPermits.org](https://www.ParkPermits.org)

2425 Reddie Drive, 2nd Floor | Wheaton, MD 20902



[MontgomeryParks.org](https://www.MontgomeryParks.org)

# The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.



## **BROOKSIDE GARDENS**

*50 acres of stunning garden areas*

1800 Glenallan Avenue | Wheaton, MD 20902  
301-962-1404 | [BrooksideGardens.org](http://BrooksideGardens.org)  
[event.manager@montgomeryparks.org](mailto:event.manager@montgomeryparks.org)



Brookside Gardens

## **THE LODGE AT LITTLE SENECA CREEK**

*Rustic charm and beautiful panoramic views*

14500-A Clopper Road | Boyds, MD 20841  
301-670-3282 | [LodgeatSeneca.org](http://LodgeatSeneca.org)  
[senecalodge@montgomeryparks.org](mailto:senecalodge@montgomeryparks.org)



The Lodge at Little Seneca Creek

## **ROCKWOOD MANOR RETREATS & EVENTS**

*Serene estate just six minutes from the Capital Beltway*

11001 MacArthur Boulevard | Potomac, MD 20854  
301-563-7510 | [RockwoodManor.org](http://RockwoodManor.org)  
[rockwoodmanor@montgomeryparks.org](mailto:rockwoodmanor@montgomeryparks.org)



Rockwood Manor

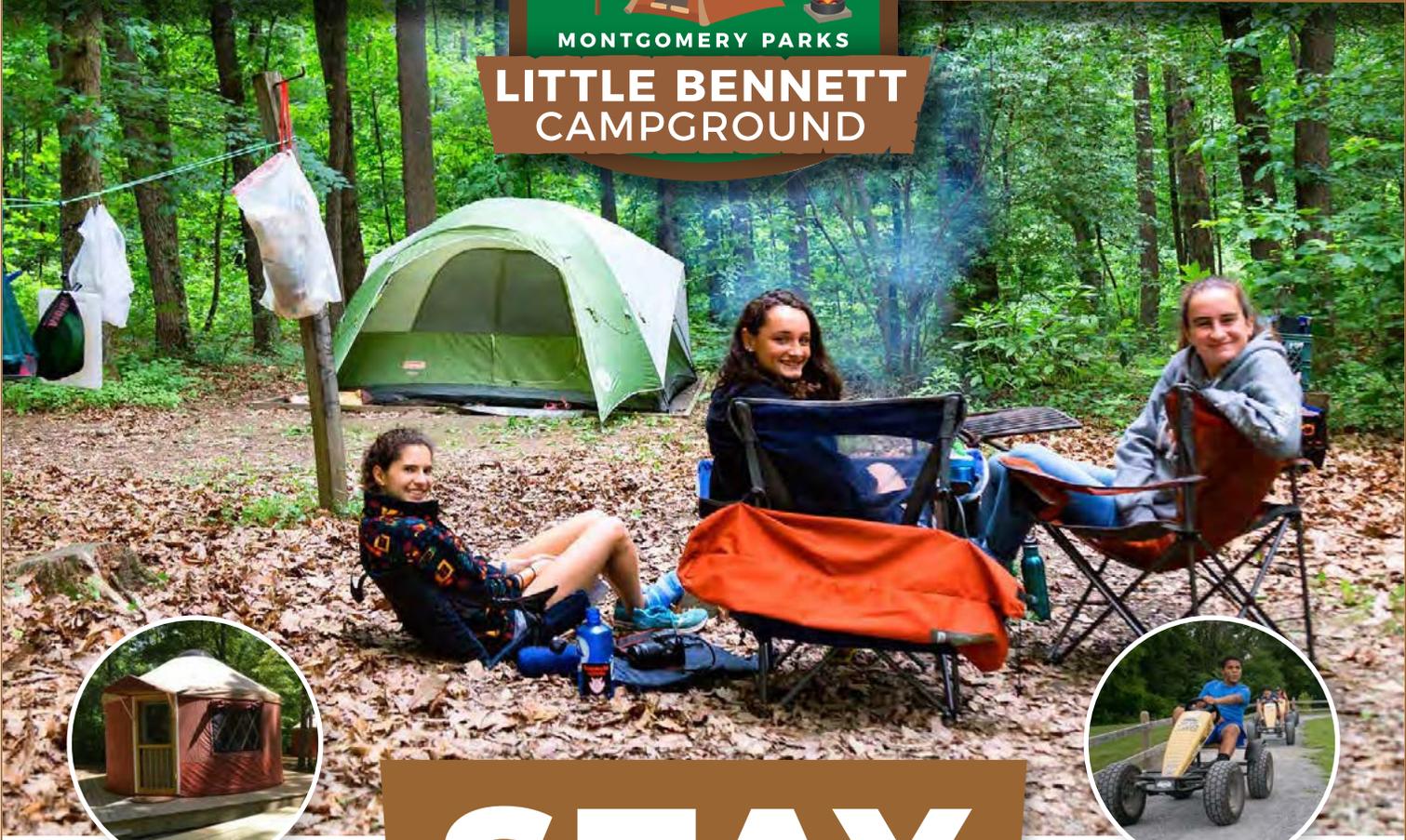
Now Booking Overnight Stays

[ParkEventCenters.org](http://ParkEventCenters.org)





# LITTLE BENNETT CAMPGROUND



# STAY — & — PLAY

Range of accommodations including campsites, cabins, and yurts, to fit your needs

**OPEN YEAR-ROUND**

[ MINIMUM 2-NIGHT STAY ]

Hiking and biking trails, pedal kart track, jumping pillow, laser tag, outdoor movies, arts & crafts, and more!



**LITTLE BENNETT CAMPGROUND**  
23705 Frederick Road | Clarksburg, MD 20871  
[LittleBennettCampground.org](http://LittleBennettCampground.org)





# WORK — FOR — MONTGOMERY PARKS

# NOW HIRING

Full-Time and Part-Time  
Positions in Park Operations,  
Management, Administration  
and more!

## Career & Full-Time Positions

- Park Maintenance
- Skilled Trades
- Heavy Equipment
- CDL Drivers
- Park Police Officers
- Admin Support
- IT - Telecom
- Horticulture
- Engineering/Planning
- Natural Resources

## Part-Time & Seasonal Staff Positions

Event Staff, Administration, Athletics Instructors,  
Camp Staff, Maintenance, Park Education

We offer a **competitive compensation package** with **exceptional benefits** that will provide security for you and your family through every stage of life.

Have Questions? Email us at  
[MCP-ParksCareers@montgomeryparks.org](mailto:MCP-ParksCareers@montgomeryparks.org)



To view all our open positions, scan the QR code or go to [MoCoParks.org/jobs](http://MoCoParks.org/jobs)



# SPRING EYESPY TRAINS

Saturdays and  
Sundays in April

AND April 3–7 (MCPS Spring Break)

9:30 am–5:30 pm



## Can you find 'em all?

Mark off the Spring-themed items placed along the tracks with your “Eye Spy” card.

## Located at both Cabin John and Wheaton Regional Parks

- Great for families! Each child under 2 rides free per paying adult.
- Tickets can be purchased online at [ActiveMONTGOMERY.org](https://ActiveMONTGOMERY.org), starting March 17, 2023, or onsite the day of.
- Tickets include activities around the station.

Learn more by visiting [MontgomeryParks.org/Trains](https://MontgomeryParks.org/Trains)



**Summer Camp Scholarships are Available**



**JUMP.  
CLIMB.  
PLAY.  
DIG.  
EXPLORE.**

**The Marye Wells-Harley Dream Camp Scholarship Fund** ensures that all children have access to an exciting Summer Camp experience! Scholarships are available for Montgomery County residents aged 6-14.

**Apply today!**

For more information or to apply, visit:  
**[MontgomeryParks.org/Camps](https://MontgomeryParks.org/Camps)**



**MONTGOMERY PARKS**  
FOUNDATION



MONTGOMERY PARKS

# Shine Brighter Together

AUTISM ACCEPTANCE MONTH

FREE FAMILY-FRIENDLY EVENT



# April is Autism Acceptance Month!

To recognize its significance, various agencies from across the county are “shining brighter together” at a fun family-friendly event!

**April 15, 2023\* | 11 am–2 pm**

**Wheaton Regional Park | 2000 Shorefield Road | Wheaton, Maryland 20902**

*\*Event Rain Date: April 30*

- Learn more about autism and the variety of resources available in Montgomery County
- Participate in hands-on, sensory-friendly activities
- Paint Buddy Benches that will be placed in select Montgomery Parks!

Games, storytime, character meet-and-greet, crafts, and more!

For more information, scan the QR code or visit: [MoCoParks.org/ShineBrighter](https://MoCoParks.org/ShineBrighter)



For more information, contact Ashlyn Thompson at [Ashlyn.Thompson@montgomeryparks.org](mailto:Ashlyn.Thompson@montgomeryparks.org) or 301-495-2551.

Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all.

ADA: [MontgomeryParks.org/accessibility](https://MontgomeryParks.org/accessibility)

Non-Discrimination: [MontgomeryParks.org/about/parks/](https://MontgomeryParks.org/about/parks/)



MC Montgomery County  
PL PUBLIC LIBRARIES



xMINDS



# Archaeology Day

May 6, 2023 | 10 am–3pm

**Get a glimpse into the world of an archaeologist!**

This free, family-friendly day is filled with hands-on activities, demonstrations, games, costumed interpreters and more!



**NEEDWOOD MANSION AT ROCK CREEK REGIONAL PARK**  
6700 Needwood Road | Derwood, Maryland 20855



MONTGOMERY PARKS

# AGRICULTURAL HISTORY FARM PARK

Park grounds and trails open dawn to dusk daily.

See the past, present, and future of Montgomery County's rich farming heritage at the **Agricultural History Farm Park**. This scenic 455-acre park features rolling hills, open fields, an apple orchard, and a variety of farm animals.

Visit our website at **[AgHistoryFarm.org](http://AgHistoryFarm.org)** for current programming and event information.



**AGRICULTURAL HISTORY FARM PARK**

18400 Muncaster Road | Derwood, MD 20855

301-840-5120 | [AgHistoryFarm.org](http://AgHistoryFarm.org)



MONTGOMERY PARKS

WALK-INS WELCOME

# Josiah Henson Museum & Park



**Admission required. Tickets available onsite.**  
**Open Friday through Sunday**  
For hours and information visit [JosiahHenson.org](http://JosiahHenson.org)



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice.

Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit [JosiahHenson.org](http://JosiahHenson.org) for program and event information.



## JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road North  
Bethesda, Maryland 20852

301-765-8790 | [JosiahHenson.org](http://JosiahHenson.org)

Visitor Parking at Wall Local Park, 5900 Executive Blvd



JOSIAH  
HENSON  
MUSEUM  
& PARK



Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: [MontgomeryParks.org/accessibility](http://MontgomeryParks.org/accessibility)  
Non-Discrimination: [MontgomeryParks.org/about/parks/](http://MontgomeryParks.org/about/parks/)

f t i @MontgomeryParks  
[facebook.com/josiahhensonmuseum](http://facebook.com/josiahhensonmuseum)



JOSIAH  
HENSON  
MUSEUM  
& PARK



**JOSIAH HENSON MUSEUM & PARK**

11410 Old Georgetown Road | North Bethesda, MD 20852

301-765-8790

Open Friday through Sunday

For hours and information visit [JosiahHenson.org](https://www.JosiahHenson.org)

## SPECIAL EVENTS

### Spring Break for History

The kids may be out of school but continue the learning experience with an interactive history lesson at Josiah Henson Museum and Park. The museum will be open Special Hours on Wednesday, April 5 and Thursday, April 6, 10am – 1pm. Self-guided tours and special hands-on activities will be available for families. Admission, \$4 for children and seniors, and \$5 for adults. Tickets available onsite

[Josiah Henson Museum and Park](#)

[Click to Register](#)

Apr 5 & 6	Wed, Thu	10a-1p	Ages 4 and up	Free with admission	1 Class	<a href="#">PJHMP0002-100002</a>
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### History of Play

Play is often considered the “work of children.” Join us for a day of play, learn how enslaved children, indigenous children, and children of the Holocaust incorporated play in their lives during historic times of hardship. There will be games and hands-on activities for the entire family throughout the day. This is a family program and is free, with paid admission to the museum. Admission, \$4 for children and seniors, and \$5 for adults. Tickets available onsite

[Josiah Henson Museum and Park](#)

[Click to Register](#)

May 20	Sat	12-4p	All Ages	Free with admission	1 Class	<a href="#">PJHMP0002-100001</a>
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## SPEAKER SERIES, WORKSHOPS OR DISCUSSIONS

### History Hour

This lecture series for adult audiences will feature local historians, educators and more as they share their knowledge of local and regional history. Each event will feature a new subject with a presentation that may include video, slide shows or other interpretive aides. Arrive early and take a self-guided tour of Josiah Henson and Park. Doors open at 5pm. This is an adult program and will take place at the Josiah Henson Museum and Park visitor center. Refreshments provided. Admission, \$5 per person. Tickets available onsite.

[Josiah Henson Museum and Park](#)

[Click to Register](#)

Mar 15	Wed	6-7p	Ages 12 and up	\$5	1 Class	<a href="#">PJHMP0001-100001</a>
Apr 19	Wed	6-7p	Ages 12 and up	\$5	1 Class	<a href="#">PJHMP0001-100002</a>
May 17	Wed	6-7p	Ages 12 and up	\$5	1 Class	<a href="#">PJHMP0001-100003</a>



## ARCHAEOLOGICAL, HISTORICAL & CULTURAL

### Archaeology Tour

Join an archaeologist for a guided tour of the grounds at Josiah Henson Museum and Park to learn about the features and artifacts that inform our understanding of Rev. Josiah Henson’s life at the Riley Plantation. This 30-minute tour is appropriate for ages 6 and up. Admission, \$3 per person. Does not include admission to museum.

*Josiah Henson Museum and Park*

[Click to Register](#)

Mar 25	Sat	11-11:30a	Ages 4 and up	\$3	1 Class	<a href="#">PJHMP0003-100001</a>
Mar 25	Sat	1-1:30p	Ages 4 and up	\$3	1 Class	<a href="#">PJHMP0003_100002</a>
Apr 29	Sat	11-11:30a	Ages 4 and up	\$3	1 Class	<a href="#">PJHMP0003_100003</a>
Apr 29	Sat	1-1:30p	Ages 4 and up	\$3	1 Class	<a href="#">PJHMP0003_100004</a>
May 27	Sat	11-11:30a	Ages 4 and up	\$3	1 Class	<a href="#">PJHMP0003_100005</a>
May 27	Sat	1-1:30p	Ages 4 and up	\$3	1 Class	<a href="#">PJHMP0003_100006</a>

MONTGOMERY PARKS

**FREE  
GUIDED  
TOURS**

April through October  
2nd and 4th Saturdays  
12 - 4 pm

# Oakley Cabin

## African American Museum & Park

Explore the rich history of Oakley Cabin's African American roadside community. Learn how these tenant farm families lived and worked on this historic site from emancipation well into the 20th century. Their culture and traditions heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County's history. At the center of this site is Oakley Cabin, now serves as a living history museum.

Visit [OakleyCabin.org](http://OakleyCabin.org) for current programming and event information.

### **BECOME A VOLUNTEER TOUR GUIDE!**

Share your love of history, the great outdoors, and agriculture with visitors of all ages. Volunteer opportunities meet SSL requirements. FREE training provided. Register online at [HistoryInTheParks.org](http://HistoryInTheParks.org).

### **OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK**

3610 Brookeville Road | Olney, MD 20832

[HistoryInTheParks.org](http://HistoryInTheParks.org) | 301-650-4373





WOODLAWN MANOR  
CULTURAL PARK



**WOODLAWN MANOR CULTURAL PARK**

16501 Norwood Road | Sandy Spring, MD 20860

[MCP-WoodlawnPrograms@montgomeryparks.org](mailto:MCP-WoodlawnPrograms@montgomeryparks.org)

301-929-5989 | [WoodlawnManor.org](https://www.WoodlawnManor.org)

Park grounds and trails open daily sunrise to sunset.  
Free of charge.

**WOODLAWN MUSEUM**

Open April–November

Friday and Saturday 10am–4pm

Sunday 12–4pm

Fee Required.

## HIKES

### Guided Hike UGRR Trail

Learn about the experience of 19th century freedom seekers and Montgomery County residents in a guided hike of the Underground Railroad Experience Trail. Discover techniques used for navigation, eluding detection, and finding food/shelter on the perilous journey. Hike covers 2 miles on a natural surface hiking trail; not ADA accessible or appropriate for all strollers. Dress appropriately. Content appropriate for ages 7 and up; fee charged for ages 6 and up. Registration highly encouraged; cut off 12 noon day before program. Limited walk-in availability; sold at the Woodlawn Visitor Center.

*Woodlawn Manor Cultural Park*

[Click to Register](#)

Apr 1	Sat	10-11:30a	\$8	Ages 6 and up	1 Class	<a href="#">PWMVC0005-100001</a>
Apr 7	Fri	10-11:30a	\$8	Ages 6 and up	1 Class	<a href="#">PWMVC0005-100002</a>
Apr 8	Sat	10-11:30a	\$8	Ages 6 and up	1 Class	<a href="#">PWMVC0005-100003</a>
Apr 22	Sat	10-11:30a	\$8	Ages 6 and up	1 Class	<a href="#">PWMVC0005-100005</a>
May 6	Sat	10-11:30a	\$8	Ages 6 and up	1 Class	<a href="#">PWMVC0005-100007</a>
May 20	Sat	10-11:30a	\$8	Ages 6 and up	1 Class	<a href="#">PWMVC0005-100009</a>



# 55+ PROGRAMS

Beginning  
Recreational  
Kayaking for  
Older Adults  
(See [page 45](#))

Montgomery Parks 55+ programs are designed with the growing population of older adults in mind. Try something new in one of our beautiful park locations this spring.

Visit [MoCoParks.org/55andbetter](https://www.montgomeryparks.org/55andbetter) for a complete list of programs.



Montgomery Explorers  
See [MoCoParks.org/MoCoExplorers](https://www.montgomeryparks.org/MoCoExplorers)



In The Field:  
Community Science  
(See [page 70](#))



YogaDance (See [page 27](#))



Senior Fish & Sip  
(See [page 47](#))





# 55+ PROGRAMS

## SPECIALTY PROGRAMS

These programs designed for adults 55+, take place in regional or local parks. Additional programs for individuals 55 and better can be found throughout the guide. For a complete list visit [MoCoParks.org/55andbetter](https://MoCoParks.org/55andbetter)

### YogaDance (55+)

YogaDance is a practice that incorporates the benefits of yoga and dance with a touch “forget your age” brain stimulation to turn back the clock physically and mentally. It is suitable for all types of people including the non-yogi and accommodates all fitness levels. Attendees will participate in 60 minutes of yoga and dance; the program includes time for cool down, stretching, and socialization. Please bring your own yoga mat. Chairs will be available on site.

*East Norbeck Local Park*

[Click to Register](#)

Apr 18 - May 9	Tue	10-11:30a	\$36	Ages 55 and up	4 Classes	<a href="#">PPACC0004-100001</a>
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### Cultivating Calm and Peace with Nature (55+)

Meditation has been proven to provide long-lasting positive effects on the body, mind and spirit. Connect to the earth and quiet your mind with all that nature has to offer. New skills will be developed each week.

*Rock Creek Regional Park*

[Click to Register](#)

May 3	Wed	6-7a	\$9	Ages 55 and up	1 Class	<a href="#">PPACC0003-100001</a>
May 10	Wed	6-7a	\$9	Ages 55 and up	1 Class	<a href="#">PPACC0003-100002</a>
May 17	Wed	6-7a	\$9	Ages 55 and up	1 Class	<a href="#">PPACC0003-100003</a>
May 24	Wed	6-7a	\$9	Ages 55 and up	1 Class	<a href="#">PPACC0003-100004</a>

### Never Grow Up: Playdates for 55+

Come out and play at Montgomery Parks! Spend time outdoors sipping coffee/tea, playing games, sharing stories and laughs during a themed activity.

*North Four Corners Local Park*

[Click to Register](#)

Mar 1	Wed	10-11:30a	Free	Ages 55 and up	1 Class	<a href="#">PPACC0002-100001</a>
Apr 5	Wed	10-11:30a	Free	Ages 55 and up	1 Class	<a href="#">PPACC0002-100002</a>
May 3	Wed	10-11:30a	Free	Ages 55 and up	1 Class	<a href="#">PPACC0002-100003</a>

# SPRING NATIVE PLANT SALES

Beautify your backyard and be a good neighbor to wildlife with native plants.



## Maydale Nature Classroom

1638 Maydale Drive | Colesville, MD 20905

**Online sales only, sales begin April 10.**

Plant pick up on April 29 at Maydale Nature Classroom

For more information visit [MaydaleNature.org](https://www.MaydaleNature.org)



Nature Programs



## Black Hill Nature Programs

Plant Sale Location: 14300 Black Hill Road

Boysds, Maryland 20841

**In-person by appointment only May 6 and 7.**

Wide selection of plants including natives germinated from locally collected seeds.

For more information visit [FriendsofBlackHillNature.org](https://www.FriendsofBlackHillNature.org)



Nature Programs



## Locust Grove Nature Center

7777 Democracy Boulevard | Bethesda, Maryland 20817

**Shop online or in-person in May.**

Order Online between May 1-8,  
pickup at our nursery on May 13.

Shop In-person at Locust Grove Nature Center:

May 20 and 21 | 10 am-2pm

For more information visit [MoCoParks.org/LGPlantNative](https://www.MoCoParks.org/LGPlantNative)



Nature Center

Sales support nature programming at Montgomery Parks.





*Brookside*  
GARDENS



**BROOKSIDE GARDENS**

1800 Glenallan Avenue | Wheaton, MD 20902

301-962-1400

[BrooksideGardens.org](https://BrooksideGardens.org)



## SPECIAL EVENTS

### Montgomery County GreenFest at Brookside Gardens

This Earth Day festival is a great way to have fun while discovering practical ways to protect the environment. GreenFest features local artisans, educational activities, a community art project, and assorted food trucks. Family activities include kid’s yoga, plant giveaways, and face painting. Learn more by visiting [montgomerycountygreenfest.org](https://montgomerycountygreenfest.org)

*Brookside Gardens*

Apr 22	Sat	11a-4p	Free	All Ages	Registration not required
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### Afternoon Tea at McCrillis Gardens

Join us for a traditional English afternoon tea at McCrillis Gardens hidden in a quiet tree-lined neighborhood near the heart of Bethesda. McCrillis Gardens was named one of the 7 most insta-worthy gardens in the DC region by *Washington Gardener Magazine*. The gardens are best known for their remarkable collection of mature ornamental trees, shrubs and perennials that offer year-round color and texture. Enjoy a private tour of the gardens followed by an Afternoon tea in the Great Room at McCrillis House. Your taste buds will be tempted with a pot of your choice of tea, scones served with Devon creme and jam, up to four savory tea sandwiches, and a delectable assortment of desserts. Start a new tradition with family and friends!

*McCrillis Gardens*

[Click to Register](#)

May 6	Sat	1-3:30p	\$50	Ages 13 and Up	1 Class	<a href="#">PBG0021-100001</a>
May 7	Sun	1-3:30p	\$50	Ages 13 and Up	1 Class	<a href="#">PBG0021-100002</a>

## CHILDREN & FAMILIES

### Yoga Sprouts!

Yoga Sprouts is a delightful family activity that promotes connection, mindfulness and movement, all in a beautiful setting! Geared towards children ages 3 to 7 years and an adult family member, this yoga class builds self-esteem and improves emotional regulation. Classes are held outdoors and canceled in cases of inclement weather. Bring your own mat or borrow one of ours. Adult presence required.

*Brookside Gardens*

[Click to Register](#)

Apr 29	Sat	10-10:45a	\$7	Ages 3 to 9	1 Class	<a href="#">PBG0078-100007</a>
May 6	Sat	10-10:45a	\$7	Ages 3 to 9	1 Class	<a href="#">PBG0078-100008</a>
May 13	Sat	10-10:45a	\$7	Ages 3 to 9	1 Class	<a href="#">PBG0078-100009</a>
May 20	Sat	10-10:45a	\$7	Ages 3 to 9	1 Class	<a href="#">PBG0078-100010</a>
May 27	Sat	10-10:45a	\$7	Ages 3 to 9	1 Class	<a href="#">PBG0078-100011</a>
Jun 3	Sat	10-10:45a	\$7	Ages 3 to 9	1 Class	<a href="#">PBG0078-100012</a>
Jun 10	Sat	10-10:45a	\$7	Ages 3 to 9	1 Class	<a href="#">PBG0078-100013</a>



## HEALTH AND WELLNESS

### Tai Chi at Brookside Gardens

*Instructor: Charles Votaw*

*Location: Visitor Center (March – April) or Japanese Tea House (May)*

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance, and increasing flexibility. The repetitive patterns (Forms) emphasize slow, flowing motions and controlled movements. This series of introductory classes will help beginners learn the Forms while allowing regular practitioners to practice with an experienced instructor. FOBG \$10

*Brookside Gardens*

[Click to Register](#)

Mar 1	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100001</a>
Mar 8	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100002</a>
Mar 15	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100003</a>
Mar 22	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100004</a>
Mar 29	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100005</a>
Apr 5	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100006</a>
Apr 12	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100007</a>
Apr 19	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100008</a>
Apr 26	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100009</a>
May 3	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100010</a>
May 10	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100011</a>
May 17	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100012</a>
May 24	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100013</a>
May 31	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-100014</a>





## Gentle Yoga at Brookside Gardens

**Instructor:** Sherry Weber

**Location:** Visitor Center (March – April) or Japanese Tea House (May)

No walk-ins will be accepted. Indoor class size limited to 20 people. Outdoor class size limited to 25 people. These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture, and flexibility. Mats are not included. FOBG \$10

### Brookside Gardens

[Click to Register](#)

Mar 2	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100001</a>
Mar 9	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100002</a>
Mar 16	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100003</a>
Mar 23	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100004</a>
Mar 30	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100005</a>
Apr 6	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100006</a>
Apr 13	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100007</a>
Apr 20	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100008</a>
Apr 27	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100009</a>
May 4	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100010</a>
May 11	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100011</a>
May 18	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100012</a>
May 25	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-100013</a>

## Yoga at Brookside Gardens

*Instructor: Tanory Ateek*

*Location: Visitor Center (March – April) or Japanese Tea House (May)*

No walk-ins will be accepted. Indoor class size limited to 20 people. Outdoor class size limited to 25 people. For those who want to continue their practice throughout the colder months, we’re bringing our popular Saturday yoga series indoors. Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. FOBG \$10

### Brookside Gardens

[Click to Register](#)

Mar 4	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100001</a>
Mar 11	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100002</a>
Mar 25	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100003</a>
Apr 8	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100004</a>
Apr 15	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100005</a>
Apr 29	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100006</a>
May 6	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100007</a>
May 13	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100008</a>
May 20	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100009</a>
May 27	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-100010</a>

## Shinrin-yoku: The Art of Forest Bathing

*Instructor: Ana Ka’ahanui, certified Forest Therapy Guide.*

Connect with nature through a forest bathing walk among the beautiful springtime blossoms and newly leafing trees. Stroll the grounds and neighboring forest at a measured pace that allows you to notice the small miracles of nature unfolding. We’ll close the walk by enjoying hot tea and healthy snacks. FOBG \$27

### Brookside Gardens

[Click to Register](#)

Apr 23	Sun	10a-12p	\$30	Ages 18 and up	1 Class	<a href="#">PBG0022-100001</a>
May 20	Sat	9:30-11:30a	\$30	Ages 18 and up	1 Class	<a href="#">PBG0022-100002</a>





## Strolls for Well-Being at Brookside Gardens

Connect with and care for your inner self through the Strolls for Well-Being, an evidence based program that promotes emotional healing and wellness through connection to nature. Over the course of eight weeks, you will complete twelve walks individually in Brookside Gardens, on your own schedule and with an award-winning, full-color, 110-page journal as your guide. Each walk has its own theme, reflected in the journal with readings and writing prompts encouraging you to slow down, be present, and look inward. Those struggling with difficulty, stress, or transition may particularly benefit. Dates listed are for group meetings at the beginning, middle, and end of the program, where you will receive important information/materials and share insights with other participants (before registering, please be sure that you can commit to attending all three sessions). Further information available at [www.brooksidegardens.org/wellness](http://www.brooksidegardens.org/wellness). Note: Strolls for Well-Being and accompanying materials were created by mental health professionals but Brookside Gardens is not a mental health service provider.

### *Brookside Gardens*

[Click to Register](#)

Apr 15 - Jun 10	Sat	10-11:30a	\$75	Ages 18 and up	3 Classes	<a href="#">PBG0033-10001</a>
Apr 19 - Jun 14	Wed	11a-12:30p	\$75	Ages 18 and up	3 Classes	<a href="#">PBG0033-10002</a>
Apr 19 - Jun 14	Wed	6-7:30p	\$75	Ages 18 and up	3 Classes	<a href="#">PBG0033-10003</a>

## Half-Day Mindfulness Retreat at Brookside Gardens

*Instructor: Tanory Ateek*

With her signature curiosity and playful approach to ancient meditative practices, Tanory will guide you through a half-day of stress relieving practices, including gentle yoga; walking and seated meditation; and the meditative way of the labyrinth. Whether you are new to meditation or a seasoned practitioner, this retreat will provide a chance to slow down, connect to nature in new ways, and rekindle a deeper sense of peace and wonder in your life. Class size limited. FOBG \$59

### *Brookside Gardens*

[Click to Register](#)

May 7	Sun	9a-1p	\$65	Ages 18 and up	1 Class	<a href="#">PBG0018-10001</a>
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## SPEAKER SERIES

**Note:** All lectures will be offered as live online webinars with audience Q&A throughout the presentations. All lectures will be recorded and made available for online viewing.

### Beatrice Farrand: Garden Artist, Landscape Architect

*Instructor: Judith Tankard, landscape historian, author, and preservation consultant.*

Discover the fascinating life and work of one of the most important landscape architects of the early twentieth century, Beatrice Farrand. As the only female founder of the American Society of Landscape Architects, her influence on the profession has been profound and her gardens are being studied, restored, and opened to the public.

*Brookside Gardens*

[Click to Register](#)

Mar 16	Thu	6:30-8p	Free	Ages 18 and up	1 Class	<a href="#">PBG0088-100001</a>
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### Beyond Sustainability: Using Our Landscapes as a Source of Environmental Change

*Instructor: Kim Eierman, Author and founder of EcoBeneficial, LLC.*

Our traditional landscapes are harming the environment. Learn why landscaping with an ecosystem approach contributes to species diversity, attracting and supporting the crashing populations of birds, butterflies, pollinators, and beneficial insects. Understand how design choices, plant selections, and maintenance practices can transition traditional landscapes into a source of environmental change.

*Brookside Gardens*

[Click to Register](#)

Apr 15	Sat	10-11:30a	Free	Ages 18 and up	1 Class	<a href="#">PBG0091-100001</a>
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### The Amazing Journey: Bringing New Plants To Market

*Instructor: Angela Treadwell Palmer, founder & co-owner of Plants Nouveau.*

Have you ever wondered where that new plant you bought at your local garden center got its start? Angela will guide us through the winding path a new plant takes before and after it is introduced on the market. Learn about breeding trends, selection, naming, setting up the supply chain, and the fun part - marketing the new plant to consumers!

*Brookside Gardens*

[Click to Register](#)

May 18	Thu	6:30-8pm	Free	Ages 18 and up	1 Class	<a href="#">PBG0098-100001</a>
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## HORTICULTURE CLASSES

**Note:** Unless specified, all horticulture classes will be held online using Zoom and the recordings will be made available to students. After registering, a link will be emailed to you 24 hours prior to the live webinar. Please ensure your Active Montgomery account is updated with your correct email address.

### Introduction to Landscape Design: Session I and II

*Instructors: Jason Gedeik & Keely Shaughnessy, Brookside Gardens Staff*

Whether you’re looking to upgrade your existing garden or develop an entirely new area, you’ll learn the fundamentals of landscape design to create functional, enjoyable, and beautiful outdoor spaces.

**Session I:** Learn practical steps to approach the design process, including site analysis, creating a concept design, and determining the functional goals for your space. You’ll understand why the environmental conditions of your yard are key to a successful design that keeps your plants healthy, minimizes garden maintenance, and reduces costs. FOBG \$10

*Brookside Gardens*

[Click to Register](#)

Mar 11	Sat	10a-12p	\$12	Ages 18 and up	1 Class	<a href="#">PBG0012-100001</a>
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**Session II:** Learn to implement core design elements like color, texture, form, line, and scale to create a beautiful and functional landscape. Design concepts like seasonality and layering will be explored through real-world case studies. Plant combinations and lists will also be examined that address site-specific challenges like sun vs. shade and dry vs. wet conditions. FOBG \$10

*Brookside Gardens*

[Click to Register](#)

Mar 25	Sat	10a-12p	\$12	Ages 18 and up	1 Class	<a href="#">PBG0013-100001</a>
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### Native Plants for Spring Interest

*Instructor: Elaine Mills, Virginia Cooperative Extension Master Gardener*

Discover how incorporating native species in your garden can offer seasonal beauty while providing critical habitat for local wildlife. A variety of native plants from spring ephemerals and wildflowers to early-blooming trees, shrubs, and vines will be covered. Learn the best bets for your area! FOBG \$10

*Brookside Gardens*

[Click to Register](#)

Mar 18	Sat	10-11:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0089-100001</a>
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## Rainscape Your Yard: Session I and II

*Instructor: Ann English, Montgomery County Department of Environmental Protection staff*

A RainScape is a landscape or design technique that helps reduce stormwater runoff from individual properties. RainScape projects can include rain gardens, conservation landscapes, green roofs, and permeable pavements. The Montgomery County Department of Environmental Protection offers a rebate program for approved RainScape projects for homeowners. To be eligible for rebate, participants must apply and be approved for installation based on a submitted plan before projects are installed. These two sessions are intended to help homeowners create a RainScape design plan. Classes are open to anyone regardless if applying for a RainScape rebate.

### Session I: Evaluating Stormwater Solutions for Home Landscapes

**\*\*Session I Location: Online Zoom webinar\*\***

Learn how environmentally friendly landscapes, such as conservation sites and rain gardens, can help manage stormwater issues on residential properties. We'll review steps to planning a RainScape including site evaluation and determining the type and scale of project that best suit your needs. FOBG \$10

*Brookside Gardens*

[Click to Register](#)

Mar 30	Thu	6:30-8:30p	\$12	Ages 18 and up	1 Class	<a href="#">PBG0100-100001</a>
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### Session II: Plants & Landscape Design for RainScapes Gardens

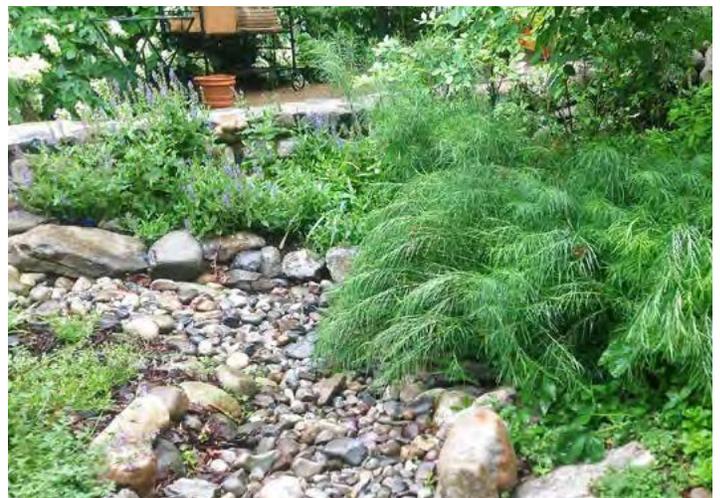
**\*\*Session II Location: Visitor Center Auditorium (in-person)\*\***

Explore strategies to properly size a garden project, estimate plant quantities, and create an effective planting plan. Study the range of native plant selections appropriate for managing water runoff while also supporting pollinators and wildlife. Learn the steps needed to develop and submit a plan that successfully qualifies for the RainScapes Rewards Rebate. Registrants will receive a selection of free native plants to take home. FOBG \$22

*Brookside Gardens*

[Click to Register](#)

Apr 8	Sat	10am-12pm	\$25	Ages 18 and up	1 Class	<a href="#">PBG0100-100002</a>
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*Photos: © Montgomery County Department of Environmental Protection - RainScapes Program*



## Deer-Resistant Native Plants & Gardening Strategies

*Instructor: Gregg Tepper, horticulturist and author*

Join Gregg as he shares the best native, deer-resistant plants and strategies for rebuffing deer with effective and safe, natural deer repellent products. From perennials to grasses and shrubs, every suggested plant includes a deer-resistance rating, growing advice, companion species, and the beneficial wildlife the plant attracts. FOBG \$10

*Brookside Gardens*

[Click to Register](#)

Apr 29	Sat	10-11:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0099-100001</a>
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## Gardening for Dry Shade

*Instructor: Kathy Jentz, Editor of Washington Gardener Magazine*

Kathy will evaluate design choices, soil amendments to increase moisture retention, and proven plant selections that work well in these tough garden conditions. We'll also examine case studies of local gardeners who have not only conquered dry shade but made it a rewarding environment in which to grow. FOBG \$10

*Brookside Gardens*

[Click to Register](#)

May 24	Wed	6:30-8pm	\$12	Ages 18 and up	1 Class	<a href="#">PBG0090-100001</a>
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## HANDS ON WORKSHOPS

### Introduction to Plant Propagation

*Instructor: Nate Roehrich, Greenhouse Manager, Brookside Gardens*

Learn about plant propagation in our state-of-the-art greenhouse facilities. Discover how to produce your own houseplants and summer annuals inexpensively and easily from start to finish. We'll review the best techniques and plants to propagate from cuttings. Participants will receive a few potted cuttings to grow at home. FOBG \$36

*Brookside Gardens*

[Click to Register](#)

Apr 15	Sat	10-11:30a	\$40	Ages 18 and up	1 Class	<a href="#">PBG0016-100001</a>
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## Miniature Perennials

*Instructor: Joan O'Rourke, Brookside Gardens Volunteer*

Our staff have found miniature perennial plants that are just like the grown-up ones, including tiny hosta and the smallest heuchera. Your container will have a combination of grasses, creeping groundcover, and flowering selections to create a lush mix of textures and colors. The plants will reward you with beauty year after year! FOBG \$54

*Brookside Gardens*

[Click to Register](#)

May 12	Fri	10:30a-12p	\$60	Ages 18 and up	1 Class	<a href="#">PBG0023-100001</a>
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## Summer Annual Container

*Instructors: Jeanette Proudfoot & Keely Shaughnessy, Brookside Gardens Staff*

Create a lush annual container with plants featured in Brookside Gardens' summer displays. Your container will include a combination of thrillers, fillers, and spillers resulting in a beautiful composition rich in color, texture, and form. Plant options available for both sun and shade gardens. FOBG \$50

*Brookside Gardens*

[Click to Register](#)

May 20	Sat	10-11:30a	\$55	Ages 18 and up	1 Class	<a href="#">PBG0024-100001</a>
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## GARDEN TOURS

### Brookside Gardens Full Moon Walk

*Tour Guide: Jason Gedeik, Brookside Gardens Staff*

Explore Brookside Gardens by moon light as we tour gardens, streams, and woods after dark. Be surprised by seasonal garden highlights and friendly nighttime wildlife. Wear sturdy shoes and comfortable clothes as we will cover some hilly terrain. FOBG \$22

*Brookside Gardens*

[Click to Register](#)

Apr 6	Thu	8-9:30p	\$25	Ages 18 and up	1 Class	<a href="#">PBG0002-100001</a>
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## Brookside Gardens Greenhouse Tour

*Tour Guide: Nate Roerich, Greenhouse Manager, Brookside Gardens*

Opened in 2018, the O’Rourke Greenhouse consists of four growing areas totaling 10,000 square feet under glass. Participants will take a closer look at the state-of-the-art technology that enables the greenhouse staff to grow a variety of beautiful plants year-round while getting a sneak peek at the thousands of plants being grown for the garden displays. Address and parking logistics will be sent after registration. FOBG \$8

*Brookside Gardens*

[Click to Register](#)

Apr 11	Tue	11a-12:15p	\$10	Ages 18 and up	1 Class	<a href="#">PBG0003-100001</a>
Apr 13	Thu	2-3:15p	\$10	Ages 18 and up	1 Class	<a href="#">PBG0003-100002</a>

## Brookside Gardens Azalea & Rhododendron Tour

*Tour Guide: Keely Shaughnessy, Brookside Gardens Staff*

Join us for a walking tour of Brookside Gardens’ late spring blooming shrubs and deciduous plants. Explore our colorful collection of azaleas and rhododendrons while learning how to incorporate them into your own home garden. FOBG \$8

*Brookside Gardens*

[Click to Register](#)

May 3	Wed	1-2:15p	\$10	Ages 18 and up	1 Class	<a href="#">PBG0001-100001</a>
May 5	Fri	10-11:15a	\$10	Ages 18 and up	1 Class	<a href="#">PBG0001-100002</a>

## McCrillis Gardens Spring Tour

*May 4 Tour Guide: Nancy Woods, Brookside Gardens Staff*

*May 6 Tour Guide: Taffy Turner, Brookside Gardens Volunteer*

This naturalistic garden offers bright splashes of spring color tucked into a residential neighborhood in Bethesda. Explore this remarkable collection of ornamental trees and shrubs, with many of them state and national champions. Enjoy hundreds of blooming azaleas and rhododendrons along with bulbs, groundcovers and shade-loving perennials that add year-round color and texture. Note: Address and logistics emailed prior to tour. FOBG \$8

*McCrillis Gardens*

[Click to Register](#)

May 4	Thu	1-2:30p	\$10	Ages 18 and up	1 Class	<a href="#">PBG0020-100001</a>
May 6	Sat	10:30a-12p	\$10	Ages 18 and up	1 Class	<a href="#">PBG0020-100002</a>

## DAY TRIPS

### Philadelphia Flower Show

**Meet at the Visitor Center Entrance**

This indoor flower show features acres of floral displays and gardens. Explore lush landscapes, live demonstrations, and hands-on experiences. Enjoy shopping at over 150 vendors. Fee includes coach transportation and entrance fee. Your lunch/dinner may be purchased at the show or the nearby Reading Terminal Market.

*Brookside Gardens*

[Click to Register](#)

Mar 7	Tue	9a-9p	\$99	Ages 18 and up	1 Class	<a href="#">PBG0087-100001</a>
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### Rachel Carson Conservation Park Walking Tour

*Instructor: Ryan Colliton, Vegetation Ecology & Management Unit Leader, Montgomery Parks*

**Meet at Rachel Carson Conservation Park**

Rachel Carson was a pioneering environmentalist who called Montgomery County home. Explore her namesake park to learn how Montgomery Parks’ restoration projects protect these natural habitats. Journey through colorful meadows housing rare plants and discover a prime example of a chestnut oak forest. Prepare for this active hike with sturdy shoes, a water bottle, and snacks!

*Rachel Carson Conservation Park*

[Click to Register](#)

May 31	Wed	10a-12:30p	\$30	Ages 18 and up	1 Class	<a href="#">PBG0086-100001</a>
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Learn & take action together!.....



Montgomery County

# GREEN FEST

IN THE GARDENS

**Saturday, April 22, 2023**

**11am - 4pm**

**at Brookside Gardens**

1800 Glenallan Ave, Wheaton



[montgomerycountygreenfest.org](http://montgomerycountygreenfest.org)



Nature Programs



**BLACK HILL NATURE PROGRAMS**

20926 Lake Ridge Drive | Boyds, MD 20841

301-528-3493

[BlackHillNature.org](https://BlackHillNature.org)



## BOATING

### Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's, but you can bring your own PFD (Type III or V) if you have one. And don't forget to bring water, sunscreen, and extra shoes to change into after. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

*Black Hill Visitor Center*

[Click to Register](#)

May 15	Mon	6:30-8:30p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-100001</a>
May 25	Thu	6:30-8:30p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-100002</a>

### 55+ Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's. Adaptive equipment will be available to assist participants in getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

*Black Hill Visitor Center*

[Click to Register](#)

May 23	Tue	10a-12p	\$30	Ages 55 and up	1 Class	<a href="#">PBHVC0008-100003</a>
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### Beginning Recreational Kayaking

Kayaking is even more fun than it looks! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. We won't roll, but you'll get wet, so dress accordingly. All necessary equipment provided but if you have your own PFD (Type III or V), you can bring it along. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. Expect to get your feet wet and your clothes a bit damp. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

May 10	Wed	6-8p	\$55	Ages 12 and up	1 Class	<a href="#">PBHVC0030-100001</a>
May 24	Wed	6-8p	\$55	Ages 12 and up	1 Class	<a href="#">PBHVC0030-100002</a>

## Beginning Recreational Kayaking for Older Adults

Kayaking is even more fun than it looks, plus it has numerous health and physical benefits! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. You may get wet, so dress accordingly. All necessary equipment provided, and adaptive equipment will be available for those needing assistance getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. Expect to get your feet wet and your clothes a bit damp. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

May 9	Tue	10a-12p	\$55	Ages 55 and up	1 Class	<a href="#">PBHVC0030-100003</a>
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## A Monumental Paddle

Come view the iconic monuments of Washington D.C. by kayak. We will travel by van from Black Hill to the Tidal Basin and then enjoy fabulous views as we paddle upriver past monuments, the Kennedy Center, and Georgetown. Bring a bag lunch to enjoy when we stop at Roosevelt Island for a break. You should be proficient at strokes and comfortable paddling for a few hours, at a time. We'll do a quick review of moving water safety and maneuvers. This is not a paddling trip for novices, and it is not instructional. Fee covers kayaks, paddles, PFD, dry bag, and round-trip transportation. FOBH \$95.

*Black Hill Visitor Center*

[Click to Register](#)

May 21	Sun	8a-5p	\$100	Ages 18 and up	1 Class	<a href="#">PBHVC0073-100001</a>
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## FISHING

### All Anglers Fishing Rodeo

Let's round up some fishing fun! Join us during Military Appreciation Month where children of all abilities will learn and enjoy fishing with a special emphasis on supporting our Troops! Prizes will be given in a variety of categories! No fishing experience or gear needed. Adaptive equipment through Fishing Has No Boundaries including wrist saver rods, rod holders, and seated rod holders are available with two weeks notice. Parent participation is required. Fee includes a tee-shirt and Take-Home Action Kit. Meet at the fishing pond in Kings Local Park, 23715 Clarksburg Rd., Clarksburg, MD 20871. Registration required.

*Kings Local Park*

[Click to Register](#)

#### All Anglers Fishing Rodeo - Session 1

May 21	Sun	8-10a	\$15	Ages 3 to 15	1 Class	<a href="#">PBHVC0001-100001</a>
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#### All Anglers Fishing Rodeo - Session 2

May 21	Sun	11a-1p	\$15	Ages 3 to 15	1 Class	<a href="#">PBHVC0001-100002</a>
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## Senior Fish & Sip at Kings Local Park

Fish and sip locally crafted wine and beer at Kings Local Pond. The pond will be freshly stocked, and you are guaranteed a bite and a drink! We provide fishing equipment, bait, and instruction as needed. Catch and release only. The event fee includes one glass of wine, or beer, and snacks. Additional beverages are available for purchase.

*Kings Local Park*

[Click to Register](#)

May 22	Mon	6-8p	\$15	Ages 55 and up	1 Class	<a href="#">PBHVC0074-100001</a>
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## Family Fishing Fun!

Fishing is fun for the whole family and for all abilities! We'll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We'll provide the bait and rigging supplies; you just need to catch the fish! We have fishing poles you can borrow, but if you have your own bring it along. Anglers of all abilities are welcome. All registrants 16 and over must have a current MD fishing license. Meet at the pontoon boat dock by the boat rentals. Registration required. Please register only those planning to fish. FOBH \$11

*Black Hill Visitor Center*

[Click to Register](#)

Apr 6	Thu	1-3p	\$12	Ages 3 and up	1 Class	<a href="#">PBHVC0003-100001</a>
Apr 21	Fri	10a-12p	\$12	Ages 3 and up	1 Class	<a href="#">PBHVC0003-100002</a>
May 11	Thu	5-7p	\$12	Ages 3 and up	1 Class	<a href="#">PBHVC0003-100003</a>

## Fishing with the Li'l Ones

Let's go fishin'! We'll provide poles and bait, then see what we can catch off the dock at Little Seneca Lake. Meet at the pontoon boat dock by the boat rentals. Registration required. FOBH \$6

*Black Hill Visitor Center*

[Click to Register](#)

May 17	Wed	10-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBHVC0004-100001</a>
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## SPECIAL EVENTS

### Garden Day

Discover the joys and benefits of gardening! Drop by the Visitor Center to ask questions about gardening and get your Gardening Info Pack about invasive and native plants, pollinators, and gardening for wildlife. Included will be a take-home activity for kids. Please register for this FREE program so that we can prepare enough Gardening Info Packs (one per family). Sorry, but we won't be able to distribute info packs to anyone that hasn't registered. Registration required (please register one person per household).

*Black Hill Visitor Center*

[Click to Register](#)

Mar 19	Sun	11a-3p	Free	All Ages	1 Class	<a href="#">PBHVC0005-100001</a>
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## HEALTH AND WELLNESS

### Outdoor Kids Yoga

Nature and yoga provide essential therapeutic benefits to children of all ages. Join a certified Child Light yoga instructor and explore varying themes in nature that will help children become more at ease in their world. Class takes place outside next to the Visitor Center. Accompanying adult is free. FOBH \$5

*Black Hill Visitor Center*

[Click to Register](#)

Apr 1	Sat	2-3p	\$6	Ages 2 to 6	1 Class	<a href="#">PBHVC0045-100001</a>
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## THERAPEUTIC RECREATION

### Adaptive Recreation - Gardening 101

Gardening has been proven to improve physical health, mental wellness, and cognitive ability! Join us for this 5-session series to learn how to grow native plants, herbs, or vegetables. This program is designed to support aspiring gardeners with disabilities. We will supply guidance and all materials, including accessible garden beds, worktables, and ergonomic garden tools. At the end of our program, you will have acquired the skills, and plants, to take home and continue your garden adventures. Participants will be asked to complete a Modification Intake Form upon registration to ensure appropriate support from Program Access. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

Apr 18 - May 16	Tue	4-5p	\$30	Ages 18 and up	5 Classes	<a href="#">PBHVC0015-100001</a>
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## HOMESCHOOL

### Homeschool: Primitive Skills & Forest Thrills

Come join us for a woodland adventure full of adventurous play, nature lessons, and wild skills. Each month we'll explore what nature has to show us and spend some time learning new wild skills. We will also have time, space, and materials for unstructured play in the woods around our campfire circle. Students will be able to self-select what they would like to focus on from the activities provided. We will meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. FOBH \$11

*Black Hill Visitor Center*

[Click to Register](#)

Mar 22	Wed	1:30-3:30p	\$12	Ages 6 to 14	1 Class	<a href="#">PBHVC0056-100001</a>
Apr 19	Wed	1:30-3:30p	\$12	Ages 6 to 14	1 Class	<a href="#">PBHVC0056-100002</a>
May 17	Wed	1:30-3:30p	\$12	Ages 6 to 14	1 Class	<a href="#">PBHVC0056-100003</a>

## HIKES, SCAVENGER HUNTS, AND CAMPFIRES

### Babes in a Backpack

Let's go outside and hike to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register everyone attending no later than 24 hours before the hike so we can contact you with the hike's location and other important information.

*Black Hill Visitor Center*

[Click to Register](#)

Mar 8	Wed	10a-12p	Free	All Ages	1 Class	<a href="#">PBHVC0051-100001</a>
Apr 12	Wed	10a-12p	Free	All Ages	1 Class	<a href="#">PBHVC0051-100002</a>
May 3	Wed	10a-12p	Free	All Ages	1 Class	<a href="#">PBHVC0051-100003</a>

### Campfires at Black Hill

There is nothing like being at a campfire under the stars. Join a naturalist for themed songs, stories, games, and of course, s'mores around a fire. Bring a blanket if it's chilly. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required for all attending. FOBH \$5

*Black Hill Visitor Center*

[Click to Register](#)

Mar 18	Sat	6-7p	\$6	Ages 1 and up	1 Class	<a href="#">PBHVC0002-100001</a>
Apr 15	Sat	6:30-7:30p	\$6	Ages 1 and up	1 Class	<a href="#">PBHVC0002-100002</a>
May 13	Sat	7-8p	\$6	Ages 1 and up	1 Class	<a href="#">PBHVC0002-100003</a>

## Hike Club

The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

Mar 12	Sun	10:30a-12p	\$2	All Ages	1 Class	<a href="#">PBHVC0007-100001</a>
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## Woodcock Walk

Little Bennett Regional Park is a wonderful spot to enjoy the spring display dance of the American Woodcock. Meet a naturalist at the Kingsley Parking Area for an evening walk, where we will also look for wood frogs, spring peepers and spring migrants. Bring binoculars and a camp chair. Meet at Kingsley Parking area in Little Bennett Regional Park, 24758 Clarksburg Rd., Clarksburg, MD 20871. Registration required. FOBH \$11

*Little Bennett Regional Park*

[Click to Register](#)

Mar 14	Tue	6:30-8:30p	\$12	Ages 18 and up	1 Class	<a href="#">PBHVC0019-100001</a>
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## Herp Hunt at Black Hill

Spring is such an exciting time of year, with plants and animals all waking up from their winter slumber. And it's one of the best times to go looking for herps (reptiles and amphibians). We'll trek through the woods of Black Hill Regional Park to a vernal pool looking for tadpoles, frogs, and salamanders and maybe we'll even get to see some snakes too! Meet and park where Lake Ridge Drive divides around the median. Registration required. FOBH \$6

*Black Hill Visitor Center*

[Click to Register](#)

Mar 15	Wed	2-3:30p	\$7	Ages 6 to 12	1 Class	<a href="#">PBHVC0006-100001</a>
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## Herp Hunt at Rachel Carson

Spring is such an exciting time of year, with plants and animals all waking up from their winter slumber. And it's one of the best times to go looking for herps (reptiles and amphibians). We'll trek through the fields and woods of Rachel Carson Conservation Park to a vernal pool looking for tadpoles, frogs, and salamanders and maybe we'll even get to see some snakes too! Meet at Rachel Carson Conservation Park, 22201 Zion Road, Brookeville, MD Registration required. FOBH \$6

*Rachel Carson Conservation Park*

[Click to Register](#)

Apr 4	Tue	3:30-5p	\$7	Ages 6 to 12	1 Class	<a href="#">PBHVC0006-100002</a>
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## Chirp & Herp Hike

It's spring! Amphibians are waking up and looking for mates while the first of the spring migratory birds are making their way into the area. We'll hike the trails of Rachel Carson Conservation Park searching for both spring herps and birds. Don't forget to bring your binoculars and wear good hiking shoes. Meet at Rachel Carson Conservation Park, 22201 Zion Road, Brookeville, MD. FOBH \$11

*Rachel Carson Conservation Park*

[Click to Register](#)

Mar 24	Fri	9-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBHVC0075-100001</a>
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## Salamanders Went Out on a Rainy Night

Once a year, on warm, rainy nights, elusive spotted salamanders migrate to breeding pools to mate and lay eggs. Sign up now to join us on that UNKNOWN March date and we'll call you the day of the hike. Wear shoes or boots that can get muddy, dress for the weather, and bring a flashlight. Children should be comfortable walking in the woods at night. The hike is about 1-mile roundtrip. Please register all participants. Be sure your contact information is updated and correct. When contacted on the day of the hike, registrants will need to confirm their attendance with a staff member. Meet at Rachel Carson Conservation Park, 22201 Zion Road, Brookeville, MD. Registration required.

*Rachel Carson Conservation Park*

[Click to Register](#)

Mar TBD	TBD	7:30-9p	Free	Ages 6 and up	1 Class	<a href="#">PBHVC0014-100001</a>
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## Snipe Hunt

Are you up to the challenge to search for the elusive Snipe, Snallygaster, or Little Seneca Lake Creature? Then join us for this mythical hike. You'll get your very own Black Hill Snipe Hunting Kit, then we'll set off hiking around the lake to see if we can find any of these mythical creatures on this April Fool's Day. If you're in on the joke bring your unsuspecting friends and family. Meet at the gravel parking lot across from the public boat ramp on Black Hill Road.

*Black Hill Visitor Center*

[Click to Register](#)

Apr 1	Sat	6:30-7:30p	Free	Ages 3 and up	1 Class	<a href="#">PBHVC0071-100001</a>
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## Nature Hunt

Let's take "I Spy" to the next level in the great outdoors. Drop by the Visitor Center, pick up a scavenger hunt sheet, get some helpful hints, and head out on a hunt for natural treasures! When you've finished, come back to the Visitor Center to get a prize. Registration is required but drop by anytime during program hours!

*Black Hill Visitor Center*

[Click to Register](#)

Apr 15	Sat	1:30-3:30p	Free	All Ages	1 Class	<a href="#">PBHVC0011-100001</a>
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## Wild Child Hike

This isn't your average walk in the woods. Scamper like a squirrel, balance like a billy goat, and run like a rabbit through the park. We'll be on and off the trail as we go on a hiking adventure. Wear shoes and clothes you don't mind getting dirty. Be sure to sign up 24 hours ahead so we can contact you with the meeting location. Registration required. FOBH \$5

*Black Hill Visitor Center*

[Click to Register](#)

Apr 15	Sat	10-11a	\$6	Ages 4 to 12	1 Class	<a href="#">PBHVC0016-100001</a>
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## NATURE, OUTDOOR EXPLORATION, AND SKILLS

### Nature Girls Club

Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered Nature Girls Club. There are three in-person sessions with a Park Naturalist that will focus on exploring nature, trying out outdoor skills, and nature journaling. Meetings are monthly. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

#### Nature Girls Club

Mar 24, Apr 28, May 12	Fri	4:30-6:30p	\$40	Ages 7 to 12	3 Classes	<a href="#">PBHVC0010-100001</a>
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#### Nature Girls Club: Seedlings

Mar 26, Apr 23, May 14	Sun	10a-12p	\$40	Ages 6 to 8	3 Classes	<a href="#">PBHVC0010-100002</a>
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## Stargazing For Starters

Are you curious about stargazing but unsure how to get started? We get it! There's so much to see in the night sky. We'll begin with the basic tools to start discovering the stars and beyond. Bring your own binoculars and chairs or blankets. Star maps will be provided. Rain date is April 22. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

Apr 21	Fri	8:30-9:30p	\$6	Ages 10 and up	1 Class	<a href="#">PBHVC0017-100001</a>
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## Wild Forest Time

Do you dream of building forts in the woods, or climbing a tree? Maybe you want to learn about woodland critters or create some art in the woods. Join us for a time to explore the woods how you want to. We'll supply some materials and a space to create and explore, you supply the imagination and sense of adventure! Drop in at our campfire circle area any time during the program to join in on the fun. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

Mar 26	Sun	2-3:30p	Free	Ages 3 and up	1 Class	<a href="#">PBHVC0024-100001</a>
Apr 5	Wed	2-3:30p	Free	Ages 3 and up	1 Class	<a href="#">PBHVC0024-100002</a>
Apr 30	Sun	2-3:30p	Free	Ages 3 and up	1 Class	<a href="#">PBHVC0024-100003</a>
May 14	Sun	2-3:30p	Free	Ages 3 and up	1 Class	<a href="#">PBHVC0024-100004</a>

## Something Awesome!

Nature is awesome, cool, and super-fun! Join us to celebrate Mother Earth with awesome self-led family activities. Come to the Visitor Center and let the adventures begin! Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

### Something Awesome! Earth Day Edition

Apr 22	Sat	12-4p	Free	All Ages	1 Class	<a href="#">PBHVC0028-100002</a>
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## Play Day in the Park

Toddlers of all abilities are invited to explore the exciting natural world around the Visitor Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. Visit the front entrance of the Visitor Center to begin your journey through our most accessible areas of the park which are stroller friendly, with shaded areas and locations to rest. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required.

### Clarkmont Local Park

[Click to Register](#)

Mar 15	Wed	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0012-100001</a>
Apr 26	Wed	11a-2p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0012-100002</a>
May 10	Wed	11a-2p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0012-100003</a>

## Play Day at Clarkmont Park

Toddlers of all abilities are invited to explore nature in our Urban Parks. Families will explore at their own pace using nature play prompts and materials to help you explore the exciting natural world around the urban park with your toddler. Siblings are welcome, too. Join us at 13905 Stilt St, Boyds, MD 20841.

### Black Hill Visitor Center

[Click to Register](#)

Apr 7	Fri	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0058-100001</a>
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## Stream Adventures

What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don't mind getting wet (no flip-flops, please!). All children must be accompanied by an adult. Meet at the gravel Boat Launch parking lot on Black Hill Road. Registration required. FOBH \$6

### Black Hill Visitor Center

[Click to Register](#)

May 4	Thu	1:30-3p	\$7	Ages 2 to 12	1 Class	<a href="#">PBHVC0026-100001</a>
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## TRIPS AND TOURS

### Black Hill Van Trips: Hiking Trip to North Point State Park

Travel by van to the western shore of the Chesapeake Bay at North Point State Park. Celebrate the arrival of the spring solstice with a day of hiking through woods, past farm fields, a marsh and along a beach with a view of the coastline. Bring a bagged lunch, water, comfortable shoes, binoculars, and sunscreen. We also recommend dressing in layers. FOBH \$38

### Black Hill Visitor Center

[Click to Register](#)

Mar 21	Tue	9a-3p	\$40	Ages 18 and up	1 Class	<a href="#">PBHVC0057-100001</a>
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## Black Hill Van Trips: Museum of the Shenandoah Valley

Join us on a van trip to the Museum of the Shenandoah Valley in Winchester, Virginia. At 214 acres, it is the largest green space in the city of Winchester, where the art, history, and culture of the Shenandoah Valley is interpreted. And the Glen Burnie House, with its surrounding seven-acre gardens, remain an important part of this year-round regional history complex. During our visit, we'll tour the historic Glen Burnie House and the galleries, which feature art and furniture collected by the original families through the years as well as new art exhibits. After, we'll explore the gardens and hike the trails on our own. Bring your picnic lunch to enjoy in the gardens. Be sure to dress for the weather and wear comfortable hiking shoes. FOBH \$58

*Black Hill Visitor Center*

[Click to Register](#)

May 31	Wed	8a-5p	\$60	Ages 18 and up	1 Class	<a href="#">PBHVC0057-100002</a>
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## VOLUNTEER

### Volunteer Days

We need your help at the park! Join us for a variety of projects which can earn Student Service Learning hours or come out to help because it just feels good to volunteer. As the workday draws closer, check out our Facebook page for detailed information on today's project. Can't make it to one of our Mystery Project workdays? Watch for other opportunities to be announced on Facebook or contact us through the Parks' volunteer website [ParksVolunteers.org](https://ParksVolunteers.org). Parents must accompany children 13 and under. Groups are welcome too! Interested groups should email [Brittney.Mair@MontgomeryParks.org](mailto:Brittney.Mair@MontgomeryParks.org). Registration required. Please register through [ParksVolunteers.org](https://ParksVolunteers.org).

*Black Hill Visitor Center*

[Click to Register](#)

Apr 7	Fri	10a-12p	Free	Ages 5 and up	1 Class	<a href="#">ParksVolunteers.org</a>
Apr 21	Fri	11a-2p	Free	Ages 5 and up	1 Class	<a href="#">ParksVolunteers.org</a>

### Earth Day Trash Cleanup

Earth Day is a celebration of our most precious resource: our environment. Please join us in celebrating Earth Day by helping to clean up Black Hill Regional Park for people and wildlife to enjoy. Whether you are looking for SSL hours or just want to spend the day giving back, you won't believe how good it feels to be a good steward! Groups are also welcome. Parents must accompany children 13 and under. Interested groups should email [Brittney.Mair@MontgomeryParks.org](mailto:Brittney.Mair@MontgomeryParks.org). Registration is required. Please register at [ParksVolunteers.org](https://ParksVolunteers.org).

*Black Hill Visitor Center*

[Click to Register](#)

Apr 22	Sat	10a-12p	Free	Ages 3 and up	1 Class	<a href="#">ParksVolunteers.org</a>
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MONTGOMERY PARKS

# MUDFEST

**JUNE 17, 2023 | 11AM-3PM**

**\$20 / Car**

**Get down and dirty, jumping, slipping, and sliding in giant mud pits! Cook up a mud pie, make mud art, and play games! This muddy fun will be great for the whole family.**

\*This is a rain or shine event!

\*Severe Weather Date of June 18.

**SAVE  
THE  
DATE**

## **WOODSTOCK EQUESTRIAN PARK**

20207 Darnestown Road | Beallsville, MD 20842

301-528-3480 | [BlackHillNature.org](http://BlackHillNature.org)

f t i #MoCoMudFest



Nature Programs





**BROOKSIDE NATURE CENTER**

1400 Glenallan Ave | Wheaton, MD 20902

301-962-1480

[BrooksideNature.org](https://BrooksideNature.org)

## ART & CRAFTING

### Family Nature Art

Join a Park Naturalist to collect natural items around Wheaton Regional Park and turn them into an artistic masterpiece. Adults and children must register.

*Brookside Nature Center*

[Click to Register](#)

Mar 4	Sat	10-11:30a	\$7	Ages 6 and up	1 Class	<a href="#">PBNC0061-100001</a>
May 27	Sat	10-11:30a	\$7	Ages 6 and up	1 Class	<a href="#">PBNC0061-100003</a>

### DIY Project Rustic Vine Basket

Join us as we tap into our creative side to create a rustic vine basket using non-native invasive vines. Explore the effects of non-native invasive vines on our native plant communities and practice identifying some of our most common non-native invasive vines. If you've done this program before, you are welcome to join us again and create a new design. All attendees must register.

*Brookside Nature Center*

[Click to Register](#)

Apr 8	Sat	10a-12p	\$25	Ages 18 and up	1 Class	<a href="#">PBNC0063-100001</a>
May 6	Sat	10a-12p	\$25	Ages 18 and up	1 Class	<a href="#">PBNC0063-100002</a>

### DIY Project Braided Rag Rug

Help the environment and keep old clothes out of landfills. Repurpose and recycle your old sheets, shirts, and jeans, and use them to create a beautiful rag rug. We will learn how to join, stitch, and braid strips of fabric into a rug. A crafting needle and clean recycled fabric will be provided. You are also welcome to bring your own fabric to create the color combination of your choice. All attendees must register.

*Brookside Nature Center*

[Click to Register](#)

Apr 9	Sun	2:15-4:15p	\$25	Ages 18 and up	1 Class	<a href="#">PBNC0064-100001</a>
May 7	Sun	2:15-4:15p	\$25	Ages 18 and up	1 Class	<a href="#">PBNC0064-100002</a>

# HIKES, SCAVENGER HUNTS, AND CAMPFIRES

## Nature Story Time

Cuddle up with your little one for a nature or animal story! Every story time is followed by a nature craft, game, nature walk or a visit with an animal friend. Register each child, a guardian must attend.

<i>Brookside Nature Center</i>							<a href="#">Click to Register</a>
Mar 5	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100001</a>	
Mar 12	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100002</a>	
Mar 19	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100003</a>	
Mar 26	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100004</a>	
Apr 2	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100005</a>	
Apr 16	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100006</a>	
Apr 23	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100007</a>	
Apr 30	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100008</a>	
May 14	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100009</a>	
May 21	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100010</a>	
May 28	Sun	3:30-4:30p	\$7	Ages 3 to 7	1 Class	<a href="#">PBNC0023-100011</a>	

## Nature Hike and Seek

Join a Park Naturalist and seek the many natural wonders of Wheaton Regional Park. Preschoolers and their favorite adult will have the opportunity to work on important skills with other preschoolers and their favorite adults. We'll collect, count and sort different natural materials (pre-math), recognize shapes and patterns in nature (art) and develop social skills like sharing and cooperation. Register each child, a guardian must attend.

<i>Brookside Nature Center</i>							<a href="#">Click to Register</a>
Mar 8	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100001</a>	
Mar 15	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100002</a>	
Mar 22	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100003</a>	
Mar 29	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100004</a>	
Apr 5	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100005</a>	
Apr 26	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100006</a>	
May 3	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100007</a>	
May 10	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100008</a>	
May 17	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100009</a>	
May 24	Wed	10:30-11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBNC0042-100010</a>	

## Wind Wonders

Do March winds really bring April showers? We'll learn why spring can be one of the windiest times of year and explore how and why the wind blows. We'll also create our own pinwheels and kites, then test them out in the meadow! Register each child, a guardian must attend.

*Brookside Nature Center*

[Click to Register](#)

Mar 25	Sat	10:30-11:30a	\$7	Ages 5 to 8	1 Class	<a href="#">PBNC0058-100001</a>
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## May Melodies

Which animals sing in spring? We'll learn how and why frogs, birds, and other creatures sing; then take a short walk to listen for calls, croaks, peeps and tweets! We'll also create our own instruments to take home. Register each child, a guardian must attend.

*Brookside Nature Center*

[Click to Register](#)

May 20	Sat	10:30-11:30 a	\$7	Ages 5 to 11	1 Class	<a href="#">PBNC0057-100001</a>
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## Spring Fire Night

Join a Park Naturalist for a nighttime campfire. Bring your favorite campfire snacks for roasting and meet friends and neighbors around the fire. Adults and children must register.

*Brookside Nature Center*

[Click to Register](#)

Mar 31	Fri	6-8p	\$7	Ages 6 and up	1 Class	<a href="#">PBNC0060-100001</a>
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## Turtle Escapades

SELF-GUIDED HIKE PROGRAM: We've lost one of our box turtles! Can you help us find him? We're sure he's around here somewhere. He's left clues to where he's been. If we follow the clues, we are sure to find him and bring him back safely. Please help! Participate in a fun scavenger hunt on the grounds of Brookside Nature Center. This activity should take under an hour. Register each child, a guardian must attend.

*Brookside Nature Center*

[Click to Register](#)

Mar 11	Sat	2-4 pm	\$5	Ages 6 and up	1 Class	<a href="#">PBNC0048-100001</a>
Apr 8	Sat	2-4 pm	\$5	Ages 6 and up	1 Class	<a href="#">PBNC0048-100002</a>
May 6	Sat	2-4 pm	\$5	Ages 6 and up	1 Class	<a href="#">PBNC0048-100003</a>

## Park In The Dark

Who’s out and about in Wheaton Regional Park once the sun sets? Join us for an evening hike this spring to find out! We’ll explore the park in the dark on a gentle hike best for ages 6+. Please note that each month’s hike focuses on a different theme! Register all family members. March: Owl Prowl. April: Frog Frolic. May: Fox Foray.

*Brookside Nature Center*

[Click to Register](#)

Mar 3	Fri	6-7p	\$7	Ages 6 and up	1 Class	<a href="#">PBNC0051-100001</a>
Apr 7	Fri	7:30-8:30p	\$7	Ages 6 and up	1 Class	<a href="#">PBNC0051-100002</a>
May 5	Fri	8-9p	\$7	Ages 6 and up	1 Class	<a href="#">PBNC0051-100003</a>

## Frog Songs

Who’s croaking, peeping, bellowing and squeaking in the pond on spring evenings? Join us to learn about the frogs at Brookside Nature Center’s pond! We’ll learn more about why frogs call and what they are busy doing as the weather warms up. We’ll also listen for frogs and record what we hear as part of a community science project called FrogWatch. For ages 8+, please register all attendees.

*Brookside Nature Center*

[Click to Register](#)

Apr 12	Wed	7:15-8p	Free	Ages 8 and up	1 Class	<a href="#">PBNC0052-100001</a>
May 3	Wed	7:30-8:15p	Free	Ages 8 and up	1 Class	<a href="#">PBNC0052-100002</a>

## Poison Ivy Hike

When it comes to avoiding poison ivy, knowledge is power! Join us to learn how to identify this plant and what to do if you come into contact with it. After a brief introduction, we’ll take a walk in Wheaton Regional Park and put our new knowledge to work! We’ll also learn about the many benefits poison ivy provides to local wildlife. All participants must register.

*Brookside Nature Center*

[Click to Register](#)

May 6	Sat	1:30-2:30p	Free	Ages 16 and up	1 Class	<a href="#">PBNC0055-100001</a>
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## Springtime Slime

What is slime, and why do some animals have it? Spring is a great time to search for animals that ooze – we’ll take a short walk around the park in search of frogs, slugs, worms, snails, and other slimy creatures! Then we’ll return to the nature center and create our own slime to take home! Register each child, a guardian must attend.

*Brookside Nature Center*

[Click to Register](#)

Apr 22	Sat	10:30-11:30a	\$7	Ages 8 to 11	1 Class	<a href="#">PBNC0056-100001</a>
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## Naturalist Hike

Join us as we breathe in the fresh air and explore local trails. Hike with a naturalist to meet some of our native trees and to look for the animals that depend on them. March hikes will be at Lake Needwood. April hikes will be at Lake Frank. Directions will be emailed two days prior to the hike.

*Brookside Nature Center*

[Click to Register](#)

Mar 23	Thu	2:30-4:30p	\$10	Ages 18 and up	1 Class	<a href="#">PBNC0020-100001</a>
Mar 30	Thu	2:30-4:30p	\$10	Ages 18 and up	1 Class	<a href="#">PBNC0020-100002</a>
Apr 20	Thu	2:30-4:30p	\$10	Ages 18 and up	1 Class	<a href="#">PBNC0020-100003</a>
Apr 27	Thu	2:30-4:30p	\$10	Ages 18 and up	1 Class	<a href="#">PBNC0020-100004</a>

## NATURE, OUTDOORS EXPLORATION, AND SKILLS

### School’s Out, Nature’s In!

School’s out! Join us for a fun day full of nature-themed activities in Wheaton Regional Park! We’ll explore outdoors, play group games, enjoy lunch around the campfire, create a few projects to take home, and make a few new friends! Meet at the nature center! Registration closes on Friday, April 14.

*Brookside Nature Center*

[Click to Register](#)

Apr 21	Fri	9a-3:30p	\$75	Ages 6 to 11	1 Class	<a href="#">PBNC0054-100001</a>
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## Feed me! Feed me!

What’s a toad’s favorite food? Join us to find out what turtles love to nibble or what a wiggly worm has for a snack! Feeding time at the nature center is limited to just 10 people, so sign up to reserve a seat for this free program. All attendees must register.

### *Brookside Nature Center*

[Click to Register](#)

Mar 5	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100001</a>
Mar 12	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100002</a>
Mar 19	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100003</a>
Mar 26	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100004</a>
Apr 2	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100005</a>
Apr 9	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100006</a>
Apr 16	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100007</a>
Apr 23	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100008</a>
Apr 30	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100009</a>
May 7	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100010</a>
May 14	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100011</a>
May 21	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100012</a>
May 28	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0004-100013</a>

## Turtle Talk

Springtime Saturdays are a great time to soak up the sun - for people and Eastern box turtles! Come visit our outdoor Enrichment Enclosure and learn about the natural history and conservation challenges of these iconic reptiles from our “Turtle Talker” volunteers. You’ll enjoy seeing our resident turtles explore the great outdoors in the Enrichment Enclosure. Rain cancels the event. All attendees must register

*Brookside Nature Center*

[Click to Register](#)

Mar 4	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100020</a>
Mar 11	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100021</a>
Mar 18	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100022</a>
Mar 25	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100023</a>
Apr 1	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100024</a>
Apr 8	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100025</a>
Apr 15	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100026</a>
Apr 22	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100027</a>
Apr 29	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100028</a>
May 6	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100029</a>
May 13	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100030</a>
May 20	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100031</a>
May 27	Sat	3-3:30p	Free	Ages 6 and up	1 Class	<a href="#">PBNC0009-100032</a>

## Beginning Birding for Every Body

Join a Brookside naturalist and learn the basics of birding on our frustration-free flat bird practice trail. Our wildlife pond boardwalk is accessible for all budding birders. Stroll or roll to each bird station and learn proper use of binoculars, how to navigate a field guide and what to look for and at as you step into the wide world of birding! Rain cancels the program. All attendees must register.

*Brookside Nature Center*

[Click to Register](#)

Mar 18	Sat	9-10a	\$7	16 and up	1 Class	<a href="#">PBNC0003-100001</a>
Apr 15	Sat	9-10a	\$7	16 and up	1 Class	<a href="#">PBNC0003-100002</a>
May 13	Sat	9-10a	\$7	16 and up	1 Class	<a href="#">PBNC0003-100003</a>



**LOCUST GROVE NATURE CENTER**

7777 Democracy Blvd | Bethesda, MD 20817

301-765-8660

[LocustGroveNature.org](https://LocustGroveNature.org)

Additional programs may be added throughout February. Check [ActiveMontgomery.org](https://ActiveMontgomery.org) for the latest program information.

## SPECIAL EVENTS

### Join the City Nature Challenge

Join us in the park and discover the plants and animals that live right in your neighborhood. Hone your observation skills through interactive demonstrations and hands-on activities with professional scientists and naturalists. Learn how you can get involved with local groups and projects. Become a community scientist and take part in the City Nature Challenge. Going “in the field” is a wild adventure!

[Locust Grove Nature Center](#)

[Click to Register](#)

Apr 29	Sat	10a-2p	All Ages	Free	1 Class	<a href="#">PLGNC0003-100004</a>
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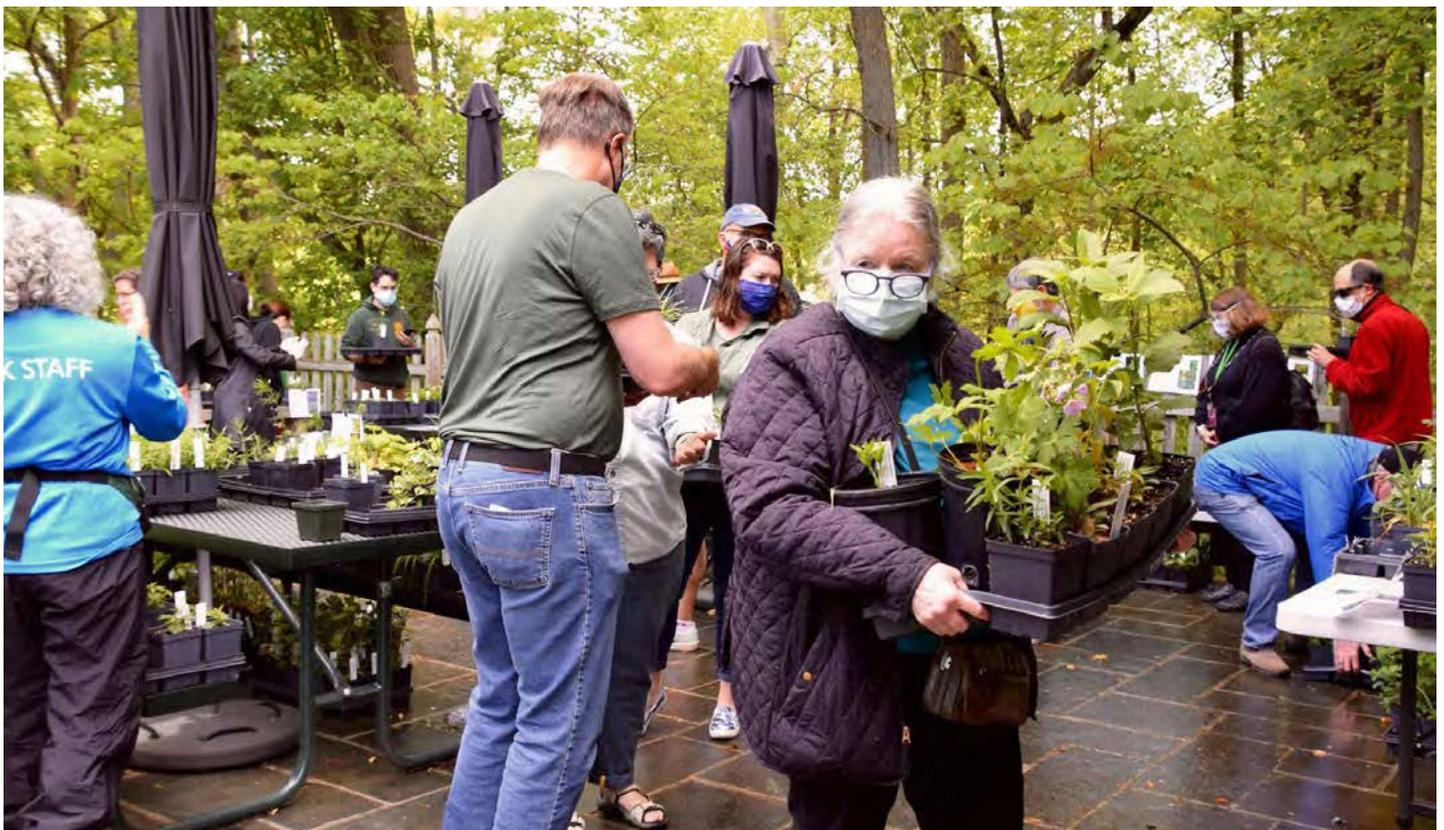
### Native Plant Sale

Beautify your backyard with native plants! Explore the gardens of Locust Grove to see these plants in action. Ask the experts your questions about growing low-maintenance and pest-resistant varieties that help attract wildlife to your garden. Shop a unique selection of the highest quality plants and seeds. Free Admission. No Registration Required. Sales support educational programs at Locust Grove Nature Center.

[Locust Grove Nature Center](#)

[Learn More](#)

May 20 - 21	Sat-Sun	10a-2p	All Ages	2 Days	<a href="https://MoCoParks.org/LGPlantNative">MoCoParks.org/LGPlantNative</a>
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## MINDFULNESS & WELLNESS

### Forest Bathing

Forest bathing promotes wellness through deepening our connection to natural environments. Based on the Japanese practice of Shinrin-Yoku, which translates as “taking in the atmosphere of the forest,” this 2-hour session, led by certified forest therapy guide Adria S. Zeldin, will guide you through mindfulness-based sensory invitations to help you slow down, awaken your senses and reconnect with nature.

*Locust Grove Nature Center*

[Click to Register](#)

Apr 15	Sat	10a-12p	Ages 18 and up	\$10	1 Class	<a href="#">PLGNC0015-100001</a>
May 27	Sat	10a-12p	Ages 18 and up	\$10	1 Class	<a href="#">PLGNC0015-100002</a>
Jun 17	Sat	10a-12p	Ages 18 and up	\$10	1 Class	<a href="#">PLGNC0015-100003</a>

## HIKES, SCAVENGER HUNTS, AND CAMPFIRES

### Wildflower Walks

For just a few magical weeks in the Spring, the forest floor is studded with our most beautiful woodland wildflowers, including spring beauties, bluebells, and bloodroot. Take a leisurely stroll through the park with our Master Naturalists who will interpret this spectacular show before it disappears entirely (at least until next spring!). Now a three part series, you may join us for one class or sign up for all three to watch the season unfold before your eyes. Participants should be able to walk on natural surface trails, which may have some steep inclines.

*Locust Grove Nature Center*

[Click to Register](#)

Mar 26	Sun	10-11:30a	Ages 16 and up	\$7	1 Class	<a href="#">PLGNC0022-100001</a>
Apr 16	Sun	10-11:30a	Ages 16 and up	\$7	1 Class	<a href="#">PLGNC0022-100002</a>
May 7	Sun	10-11:30a	Ages 16 and up	\$7	1 Class	<a href="#">PLGNC0022-100003</a>

### Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest the full moon. Feel free to bring your own hot dogs or food to warm over the fire, and we’ll provide marshmallows. Please register and pay for adults and children.

*Locust Grove Nature Center*

[Click to Register](#)

Mar 10	Fri	6:30-8p	Ages 5 and up	\$8	1 Class	<a href="#">PLGNC0001-100001</a>
Apr 7	Fri	6:30-8p	Ages 5 and up	\$8	1 Class	<a href="#">PLGNC0001-100002</a>
May 5	Fri	6:30-8p	Ages 5 and up	\$8	1 Class	<a href="#">PLGNC0001-100003</a>

## Family Nature Hikes

Join a Park Naturalist for a weekly hike exploring the changing of the seasons in Cabin John Regional Park. Program is intended for children 3-5 years old and requires the accompaniment of an adult to ensure safety. Fee is for one child and their adult for the entire Spring session, which meets Wednesday from March 15 to May 24, skipping April 5 with May 31 for weather makeup. (10 Classes)

*Locust Grove Nature Center*

[Click to Register](#)

Mar 15 - May 24	Wed	1-2:30p	Ages 3 to 5	\$150	10 Classes	<a href="#">PLGNC0006-100001</a>
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## Nature Families

In this 10-week session, parents and caregivers will have the chance to play, create and learn right alongside their little nature explorers. Each one-and-a-half hour class will include hands-on, nature-based activities that encourage imaginative play, curiosity, and cooperation. The majority of each class will be outdoors (barring extreme weather) so be sure to dress appropriately! Fee is for one child and their adult for the entire Spring session, which meets Wednesday from March 15 to May 24, skipping April 5 with May 31 for weather makeup. (10 Classes)

*Locust Grove Nature Center*

[Click to Register](#)

Mar 15 - May 24	Wed	10:30a-12p	Ages 1.5 to 2	\$150	10 Classes	<a href="#">PLGNC0007-100001</a>
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## Baby and Me Nature Walks

Studies show that babies as young as a few weeks old thrive with daily outside time. So pack your baby in a carrier and join us for a low-key nature walk lead by one of our naturalists. Get to know other local parents while enjoying the fresh air and beauty of Cabin John forest. Registration is for 6 week series as the weather warms for spring. Register your baby and their adult is included.

*Locust Grove Nature Center*

[Click to Register](#)

Apr 13 - May 18	Thu	11a-12p	Age 0 to 1.5	\$42	6 Classes	<a href="#">PLGNC0008-100001</a>
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## NATURE, OUTDOOR EXPLORATION, AND SKILLS

### Migratory Bird Watch

Celebrate World Migratory Bird Day here in Cabin John Regional Park. Join us as we keep track of the different migratory birds that pass through the park this time of year. Ask our naturalist any bird related questions as well. There will be an optional walk, for those who would like to see birds in the park, outside of the bird feeder area. All levels of birders welcome, you are welcome to bring your own pair of binoculars, the nature will have pairs to borrow if necessary. Registration is required for this program. The morning session is especially for our long life learners, bring your thermos of coffee or tea.

*Locust Grove Nature Center*

[Click to Register](#)

#### Dawn Chorus

May 13	Sat	7-9a	Ages 55 and up	Free	1 Class	<a href="#">PLGNC0002-100001</a>
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#### Families

May 13	Sat	4-6p	Ages 8 and up	Free	1 Class	<a href="#">PLGNC0002-100002</a>
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### Theme Months

Each month Locust Grove offers a special theme for displays, self-guided hikes, and activities for visitors. Come any time during our open hours to explore on your own, or register for a program with a Naturalist to dive deeper into a topic. There is no need to register for the theme month, but those who are registered will receive an email with a complete schedule of activities.

*Locust Grove Nature Center*

[Click to Register](#)

#### Signs of Spring

Mar 3 -26	Wed-Sun	1-4p	All Ages	Free		<a href="#">PLGNC0005-100001</a>
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#### Community Science

Apr 7 - 30	Wed-Sun	1-4p	All Ages	Free		<a href="#">PLGNC0005-100002</a>
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#### Habitats at Home

May 12 - Jun 4	Wed-Sun	1-4p	All Ages	Free		<a href="#">PLGNC0005-100003</a>
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## In The Field: Community Science

Learn how to use various nature apps and be part of multiple national community science projects. During the first part of these programs, a naturalist will show you the basics of using the app, the second half of the program we will practice using the app at the nature center.

[Locust Grove Nature Center](#)

[Click to Register](#)

### Intro to eBird

Mar 16	Thu	1-2:30p	Ages 55 and up	\$10	1 Class	<a href="#">PLGNC0013-100001</a>
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### Intro to iNaturalist

Apr 13	Thu	1-2:30p	Ages 55 and up	\$10	1 Class	<a href="#">PLGNC0013-100002</a>
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### Intro to Project BudBurst

May 11	Thu	1-2:30p	Ages 55 and up	\$10	1 Class	<a href="#">PLGNC0013-100003</a>
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## Project FeederWatch

Are you interested in birding? Do you want to be part of a national community science project? Then, join us at Locust Grove Nature Center for Project FeederWatch. Project FeederWatch is a seasonal community science project, where participants count the different species of birds that flock to a bird feeder. All levels of birders are welcome. We advise you to dress appropriately for the weather and to bring your binoculars if you have them. If you have any questions, please feel free to send an email to [MCP-LocustGrove@MontgomeryParks.org](mailto:MCP-LocustGrove@MontgomeryParks.org).

[Locust Grove Nature Center](#)

[Click to Register](#)

### FeederWatch Thursdays

Mar 2 - Apr 27	Thu	11a-12p	Ages 5 and up	Free	9 Classes	<a href="#">PLGNC0018-100001</a>
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### FeederWatch Fridays

Mar 3 - Apr 28	Fri	11a-12p	Ages 5 and up	Free	9 Classes	<a href="#">PLGNC0018-100002</a>
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## Morning Tweets and Tea

Do you have an interest in birding? Then join us for a morning of bird watching at Cabin John Regional Park. Bring a thermos of your favorite breakfast beverage to enjoy as you learn beginner birding techniques. Bring your own pair of binoculars or borrow a pair from the nature center, we will show you how to use them. Registration is required for this program.

*Locust Grove Nature Center*

[Click to Register](#)

Mar 3	Fri	9-10a	Ages 18 and up	Free	1 Class	<a href="#">PLGNC0024-100001</a>
Apr 7	Fri	9-10a	Ages 18 and up	Free	1 Class	<a href="#">PLGNC0024-100002</a>
May 5	Fri	9-10a	Ages 18 and up	Free	1 Class	<a href="#">PLGNC0024-100003</a>

## Women’s Outdoor Skills: Now We’re Cooking With Fire

Take your campfire skills to the next level and learn to cook some tasty treats. You’ll feel empowered with these outdoors skills - even if you only plan to use them in your backyard fire ring or on your next “glamping” trip! This workshop for women and non-binary individuals teaches you everything you need to know to become a confident campfire cook, including: how to prepare a fire to cook food evenly, three different methods for cooking food over open flame, and when to use them and how to use a Dutch oven to bake. No experience required, beginners are welcome.

*Locust Grove Nature Center*

[Click to Register](#)

Mar 12	Sun	10a-12p	Ages 18 and up	\$20	1 Class	<a href="#">PLGNC0027-100001</a>
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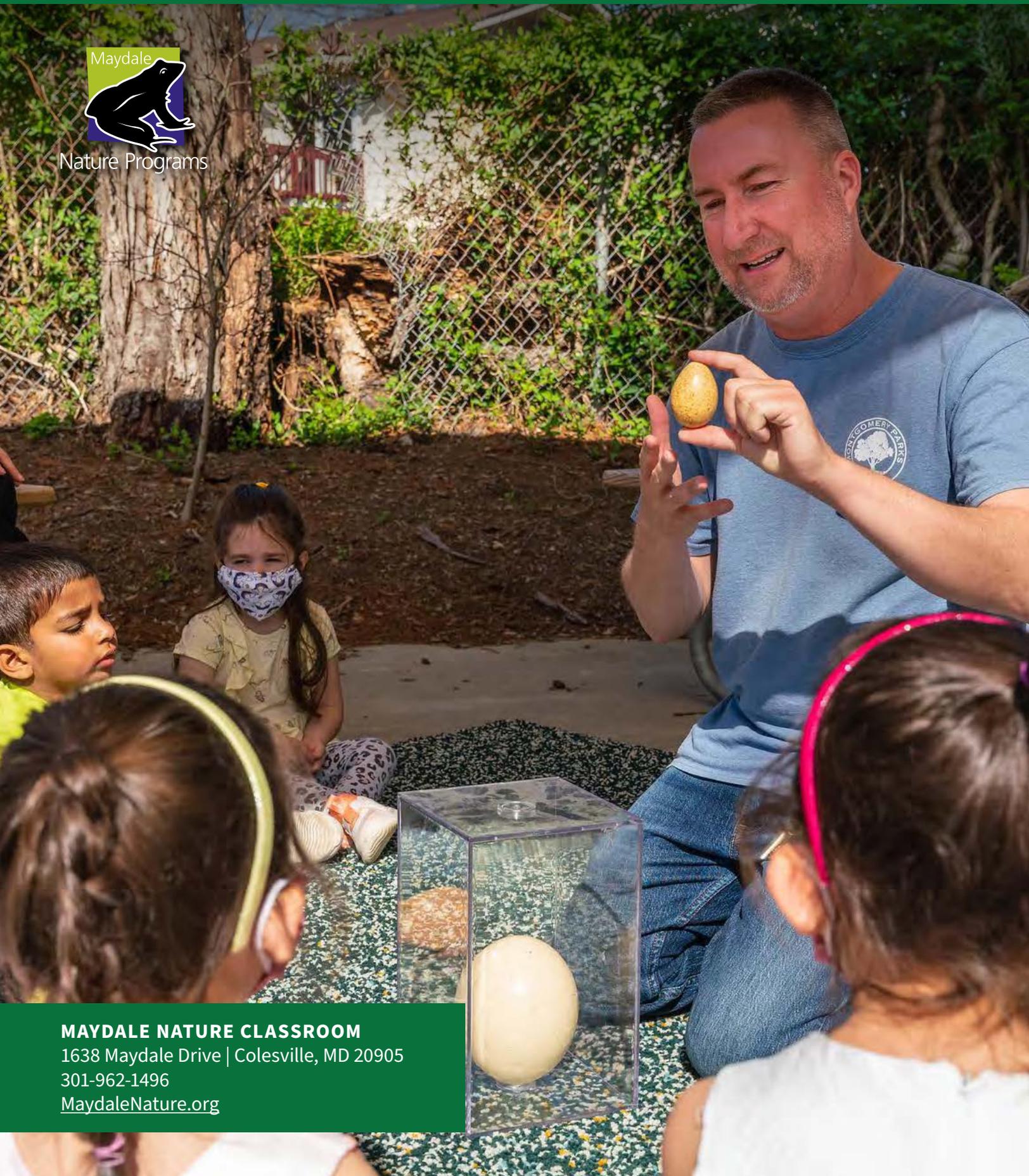
## Bark in the Park: Hiking with Your Dog

How do you prepare for a fun, safe hike with your dog? There’s more to it than just “hitting the trails.” Whether you’re a brand new or experienced dog owner, there’s something for you to learn in this class! Although this is a class about hiking with your dog, we ask for you to please \*leave your dog at home\* so both your hands are free to practice some techniques. No dogs (except service animals) are permitted in the Nature Center. Instead, plan to bring home a "SWAG" bag of goodies for your dog to enjoy on your next adventure!

*Locust Grove Nature Center*

[Click to Register](#)

Apr 2	Sun	10a-11:30a	Ages 16 and up	\$10	1 Class	<a href="#">PLGNC0038-100001</a>
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**MAYDALE NATURE CLASSROOM**

1638 Maydale Drive | Colesville, MD 20905

301-962-1496

[MaydaleNature.org](https://MaydaleNature.org)

## SPECIAL EVENTS

### Special Events at Maydale

Springtime is filled with festivities. Join us as we Read Across America, search for leprechauns and hunt for their pots of gold, or for a Mother's Day hike with craft.

*Maydale Nature Classroom*

[Click to Register](#)

#### Read Across America Day Storypalooza

Mar 2	Thu	10:30-11:30a	\$3	Ages 3 to 5	1 Class	<a href="#">PMAY0001-100004</a>
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#### St. Patrick's Day Leprechaun Hunt

Mar 17	Fri	10:30-11:30a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0001-100001</a>
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#### Mother's Day Hike and Craft

Apr 30	Sun	10:30-11:30a	\$6	Ages 3 to 8	1 Class	<a href="#">PMAY0001-100003</a>
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### Animals from Eggs Hunt

Join a naturalist to learn about what animals hatch from eggs. Then go on a guided hike through the meadow, pond, and forest at in search of plastic eggs filled with baby animal toys to take home and enjoy.

*Maydale Nature Classroom*

[Click to Register](#)

Apr 6	Thu	9:30-10:30a	\$6	Ages 3 to 10	1 Class	<a href="#">PMAY0002-100001</a>
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Apr 6	Thu	11a-12p	\$6	Ages 3 to 10	1 Class	<a href="#">PMAY0002-100002</a>
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### Maydale Nature Classroom: Native Plant Sale

Growing native plants encourages beneficial insects, birds, and other wildlife in your community. Support your back-yard ecosystem with this fundraising event benefiting Maydale Nature Classroom. Online sales begin Monday, April 10, with plant pickup Saturday, April 29. Online sales only.

*Maydale Nature Classroom*

[Learn more](#)

#### Online Native Plant Sale: April 10-24

Apr 29	Sat	10a-2p				<a href="https://MaydaleNature.org">MaydaleNature.org</a>
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## Ecosystem Investigators!

Join us as we observe, analyze, and interpret patterns between what plants, animals, and humans need to survive. We will hike and survey the forest of Maydale to determine the different types of food items animals eat in nature, build a model to demonstrate how animals and humans can change the environment, and discover how we can reduce the impact humans have on the local environment.

[Maydale Nature Classroom](#)

[Click to Register](#)

### Ecosystem Investigators!

Mar 18	Sat	12:30-1:30p	Free	Ages 6 to 12	1 Class	<a href="#">PMAY0027-100001</a>
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## PLAYTIME OR STORYTIME

### Storytime at Maydale

Join a naturalist for a reading of a seasonal story, participate in a hike, and make a craft to take home. Enroll in the entire series or individual sessions.

[Maydale Nature Classroom](#)

[Click to Register](#)

### The Wind Blow

Mar 14	Tue	10-11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100002</a>
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### Big Night for Salamanders

Mar 21	Tue	10-11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100001</a>
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### Good Bye Winter Hello Spring

Mar 28	Tue	10-11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100003</a>
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### Bird Builds a Nest

Apr 18	Tue	10-11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100004</a>
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### Planting a Rainbow

Apr 25	Tue	10-11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100006</a>
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### Fish is Fish

May 9	Tue	10-11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100005</a>
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### In The Tall Tall Grass

May 23	Tue	10-11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100007</a>
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## HIKES, SCAVENGER HUNTS, AND CAMPFIRES

### Maydale Hikes and Scavenger Hunts

Explore the great outdoors with a naturalist-led hike. Whether you are looking for a family-friendly hike around Maydale, or want to learn about nocturnal animals during a night hike, or enjoy a scavenger hunt with your family there is a hike for you.

[Maydale Nature Classroom](#)

[Click to Register](#)

#### It's Finally Spring Nature Hike

Mar 25	Sat	10:30-11:30a	Free	Ages 3 and up	1 Class	<a href="#">PMAY0006-100001</a>
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#### (Almost) Full Moon Night Hike

Mar 4	Sat	7:30-8:30p	\$4	Ages 6 and up	1 Class	<a href="#">PMAY0006-100003</a>
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### Maydale Campfires

Enjoy an evening around the campfire with your family while taking in the sights and sounds of nature. Each campfire is unique with its own theme.

[Maydale Nature Classroom](#)

[Click to Register](#)

#### Campfire and Stargazing Under the Black Moon

May 19	Fri	8:30-10p	\$6	Ages 6 and up	1 Class	<a href="#">PMAY0017-100001</a>
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## NATURE, OUTDOOR EXPLORATION, AND SKILLS

### Insect Investigations

Insects make the world go round. They pollinate the food we eat, keep other insect pests in check, and act as sanitation experts, cleaning up our waste. Learn more about these important creatures and how they help.

*Maydale Nature Classroom*

[Click to Register](#)

#### Insect Indicators!

Apr 15	Sat	12:30-2p	\$0	Ages 6 to 12	1 Class	<a href="#">PMAY0008-100002</a>
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### Nature Explorers

These classes are designed to teach young children and their caregivers more about wildlife and nature right in their own backyards through activities, explorations, games, hikes, and take-home crafts.

*Maydale Nature Classroom*

[Click to Register](#)

#### Dashing Deer

Mar 9	Thu	10:30-11:30a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0009-100005</a>
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#### The Great Migration Challenge

Mar 23	Thu	10:30-11:30a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0009-100009</a>
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#### Camouflage Challenge

Apr 13	Thu	10:30-11:30a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0009-100004</a>
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#### Wiggly Worms

Apr 27	Thu	10:30-11:30a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0009-100006</a>
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#### Fabulous Fish

May 11	Thu	10:30-11:30a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0009-100007</a>
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#### Boundless and Beautiful Bluebirds

May 25	Thu	10:30-11:30a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0009-100008</a>
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**MEADOWSIDE NATURE CENTER**

5100 Meadowside Lane | Rockville, Maryland 20855

301-258-4030

[MeadowsideNature.org](https://MeadowsideNature.org)

## SPECIAL EVENTS

### Etch and Sip Wine Night

Make your own pieces of functional nature-themed art and enjoy your next drink in style! During this hands-on program you will be provided with the instructions, materials, and stencils needed to create your own personalized wine glass using the process of chemical glass etching. Be sure to join us after for a splash of wine in your personalized glass on our raptor deck with a naturalist-led raptor talk.

*Meadowside Nature Center*

[Click to Register](#)

Mar 11	Sat	4-6p	\$20	Ages 21 and up	1 Class	<a href="#">PMNC0060-100001</a>
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### Early St. Patrick's Day Celebration

Are you feeling lucky enough to not get pinched? Better dress in all green as you celebrate St. Patrick's Day early! Go on a scavenger hunt to find a pot of gold, make a rainbow, and count your clovers as we load this celebration with lucky crafts and activities. We have two sessions available, 1-3 pm will be for ages 6-8 and 3:30-4:30 pm will be designed for youth ages 9-12. Please select the age group that is appropriate for your child's comfort and learning level. If you have siblings who would like to attend the event together, please pick the age range of the oldest sibling. Crafts and activities will be adapted to accommodate siblings of different ages who are attending the same session together. Register each participant per program. Adult chaperones will be free. Here's a leprechaun pro tip: March 15 is an early release day from school; spend the afternoon with us!

*Meadowside Nature Center*

[Click to Register](#)

Mar 15	Wed	2-3p	\$7	Ages 6 to 8	1 Class	<a href="#">PMNC0053-100001</a>
Mar 15	Wed	3:30-4:30p	\$7	Ages 9 to 12	1 Class	<a href="#">PMNC0053-100002</a>

### Maryland Day

What does Maryland do best? Crabs and beer (and much more)! Join True Respite Brewery and Meadowside Nature Center as we feast in celebration of Maryland Day. Bring your appetite and we will provide the food, two drinks from the brewery, Maryland trivia, and CHILDCARE\*! That's right, all registered participants are welcome to bring potty-trained children to attend complimentary childcare at the nature center while you eat. Maryland themed clothing is encouraged, and True Respite will have merchandise and additional beer available for purchase. \*Childcare is first come first serve and will be capped at 20 kids total for this event. Please be sure to check "Child Care Activity" box as you register for this event.

*Meadowside Nature Center*

[Click to Register](#)

Mar 25	Sat	6-8p	\$50	Ages 21 and up	1 Class	<a href="#">PMNC0054-100001</a>
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## Pysanka Egg Dyeing Class

Have you ever heard of magic eggs? Join us as we learn about the Slavic art of Pysanky! Learn about the meanings and powers of pysanky symbols in Slavic culture and create your own pysanka egg. We will use crayons and egg dye to create patterns and symbols on eggs, then use a hairdryer to melt the wax off at the end to reveal your design.

*Meadowside Nature Center*

[Click to Register](#)

Mar 31	Fri	11a-12p	\$10	Ages 14 and up	1 Class	<a href="#">PMNC0061-100001</a>
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## Nature's Eggs

Join us on this day off from school as we dye eggs with natural materials. Use flowers, ferns, and leaves to make gorgeous prints on your Spring eggs!

*Meadowside Nature Center*

[Click to Register](#)

Apr 5	Wed	2-3p	\$7	Ages 7 to 11	1 Class	<a href="#">PMNC0062-100001</a>
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## MCPS No School Day - Naturalist For A Day

Are you sick of sitting at your desk all day? Good news, school is out today! Now, what are you going to do? Become a naturalist for the day at the Nature Center! Wear your favorite outdoor clothing, bring your lunch, and water, and get ready to get your hands dirty. During this program, you will try out various gear used by explorers of the outdoors, such as scooping the pond with nets, hiking the trails with binoculars, and preparing food for the animal ambassadors, and more!

*Meadowside Nature Center*

[Click to Register](#)

Apr 6	Thu	9a-2p	\$30	Ages 6 to 12	1 Class	<a href="#">PMNC0068-100001</a>
May 29	Mon	9a-2p	\$30	Ages 6 to 12	1 Class	<a href="#">PMNC0068-100002</a>

## Cinco de Mayo Celebration

Feliz Cinco de Mayo! Join us around the campfire as we make Elote (Mexican Street Corn), play some trivia, and learn about what Cinco de Mayo is all about!

*Meadowside Nature Center*

[Click to Register](#)

May 5	Fri	5:30-6:30p	\$7	All Ages	1 Class	<a href="#">PMNC0063-100001</a>
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## Mother's Day Eco-Printing Workshop

Looking for a unique gift for Mom? Or simply something for yourself? Join us as we design t-shirts and tote bags with gorgeous flower prints and patterns using a technique called eco-printing! Eco-printing is a form of natural dyeing where the colors from plant material are transferred to fabric by pounding them with a mallet. Choose either a cotton t-shirt or tote bag to decorate, pick your flowers, and get creating!

*Meadowside Nature Center*

[Click to Register](#)

May 13	Sat	11a-12p	\$10	Ages 12 and up	1 Class	<a href="#">PMNC0064-100001</a>
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## MULTI-LINGUAL

### Cuentos y Caminos

¡Acurrúquense juntos a un cuento en español de personas y la naturaleza, y luego descubra el parque a través de actividades que dan vida a la historia! Cada programa ofrece un cuento y actividad distinta. Si el clima lo permite, se ofrecen estos programas al aire libre.

*Meadowside Nature Center*

[Click to Register](#)

Mar 18	Sat	2-3p	Free	All Ages	1 Class	<a href="#">PMNC0066-100001</a>
Apr 22	Sat	2-3p	Free	All Ages	1 Class	<a href="#">PMNC0066-100002</a>
May 6	Sat	2-3p	Free	All Ages	1 Class	<a href="#">PMNC0066-100003</a>

## HIKES, SCAVENGER HUNTS & CAMPFIRES

### Frog Day Scavenger Hunt

Celebrate International Frog Day with a Frog and Toad classic story, "The Lost Button". This self-led scavenger hunt will take you through the story and our trails as you search for Toad's missing treasure! Made for ages PK – 2nd grade, please register all children and guardians.

*Meadowside Nature Center*

[Click to Register](#)

Mar 15	Wed	10-10:45a	\$3	All Ages	1 Class	<a href="#">PMNC0056-100001</a>
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### Mud Pie Bake-Off!

Splatter and squish your way through our Nature Playspace! Participate in a mud-pie contest for the young and young at heart! Stir, mix, decorate and "bake" your creations. Rinse off and finish up your fun around the fire pit and enjoy a chocolate "mud" campfire pie. Please register all participants.

*Meadowside Nature Center*

[Click to Register](#)

Apr 15	Sat	2p-3p	\$7	Ages 6 and up	1 Class	<a href="#">PMNC0058-100001</a>
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## Saturday Storytimes

Cozy up in the park to stories about nature and people, and then explore the park through activities that bring the story to life! Each program features a different children's story and activities. Weather permitting, these programs will be hosted outdoors.

*Meadowside Nature Center*

[Click to Register](#)

Mar 11	Sat	10-11a	Free	All Ages	1 Class	<a href="#">PMNC0065-100001</a>
Mar 31	Fri	10-11a	Free	All Ages	1 Class	<a href="#">PMNC0065-100002</a>
Apr 15	Sat	10-11a	Free	All Ages	1 Class	<a href="#">PMNC0065-100003</a>

## NATURE, OUTDOOR EXPLORATION, AND SKILLS

### Hummingbirds 101

Itching to see hummingbirds this season? Learn about what hummingbirds are looking for in their habitats. Then, create some easy, cost-effective DIY hummingbird feeders and nectar.

*Meadowside Nature Center*

[Click to Register](#)

Apr 8	Sat	1p-2p	\$7	Ages 8 and up	1 Class	<a href="#">PMNC0067-100001</a>
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### May Day Wildflower Walk

Wonder at the beauty of spring ephemerals through this naturalist guided hike through Wildflower Trail! End your walk by creating a small May Pole to mark the day and remember the beauty, fertility and joy that comes with spring. Please register all participants.

*Meadowside Nature Center*

[Click to Register](#)

May 1	Mon	4:30p-5:30p	\$5	Ages 6 and up	1 Class	<a href="#">PMNC0059-100001</a>
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### Salamander Stroll

Enjoy a naturalist-led nature hike as we stroll through the woods looking for salamanders! Learn about some amazing salamander abilities and where they like to hide. This program is intended for children 5 and under with their accompanying guardians.

*Meadowside Nature Center*

[Click to Register](#)

May 17	Wed	10:30a-11:15a	\$3	All Ages	1 Class	<a href="#">PMNC0069-100001</a>
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## Raptor Babies

It's springtime, nesting season! Come learn about raptor babies and raptor parents during our weekly raptor caretaker chats.

*Meadowside Nature Center*

[Click to Register](#)

Mar 13	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100001</a>
Mar 20	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100002</a>
Mar 27	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100003</a>
Apr 3	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100004</a>
Apr 10	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100005</a>
Apr 17	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100006</a>
Apr 24	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100007</a>
May 1	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100008</a>
May 8	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100009</a>
May 15	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100010</a>
May 22	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100011</a>
May 29	Mon	10:30a-11a	Free	All Ages	1 Class	<a href="#">PMNC0070-100012</a>

## SPEAKER SERIES WORKSHOPS OR DISCUSSIONS

### Growing Up WILD Teacher Workshop

Growing Up WILD (GUW) is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Join this half day educator training workshop with Sarah Witcher from Maryland DNR and go home with hands on experience and a new curriculum book to guide your young learners. Childcare providers may be eligible to receive elective curriculum credit for attending a Growing Up WILD workshop.

*Meadowside Nature Center*

[Click to Register](#)

Mar 31	Fri	9a-12p	Free	All Ages	1 Class	<a href="#">PMNC0057-100001</a>
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## Hybrid Program: Maryland Archaeology in American Sign Language

“Keep calm and dig on”. Have you ever wanted to know more about archaeology? Join Amelia, a Deaf Archaeologist, as she introduces you to the study of archaeology from her experiences in the field. She will cover the basics of the topic as well as share about her own specialty. About this hybrid program: Amelia will join the program virtually while the registered participants gather at Meadowside in a classroom. This program will include a virtual presentation and Q and A session with Amelia, followed by a hands-on activity lead by an in-person Park Naturalist. All participants will receive an ASL archaeology sticker created by Amelia! A certified sign language interpreter will attend this program.

*Meadowside Nature Center*

[Click to Register](#)

Apr 14	Fri	7:30-8:30p	\$10	Ages 16 and up	1 Class	<a href="#">PMNC0055-100001</a>
Apr 14	Fri	6-7p	\$10	Ages 6 and up	1 Class	<a href="#">PMNC0055-100002</a>

## Raptor Caretaker Chat

What does it take to care for a raptor? Come and learn how our Naturalist Staff care for our amazing birds of prey! Discover what raptors eat for lunch, what raptors do for fun, and how trainers build relationships with these incredible animals.

*Meadowside Nature Center*

[Click to Register](#)

Mar 4	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100001</a>
Mar 11	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100002</a>
Mar 18	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100003</a>
Mar 25	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100004</a>
Apr 1	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100005</a>
Apr 8	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100006</a>
Apr 15	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100007</a>
Apr 22	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100008</a>
Apr 29	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100009</a>
May 6	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100010</a>
May 13	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100011</a>
May 20	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100012</a>
May 27	Sat	12-12:30p	Free	All Ages	1 Class	<a href="#">PMNC0031-100013</a>



*Rent a kayak, canoe, pedal boat, or rowboat and spend a day on the water*

**BLACK HILL BOATS**  
20920 Lake Ridge Drive | Boyds, MD 20841  
[BlackHillBoats.org](http://BlackHillBoats.org)

**LAKE NEEDWOOD BOATS**  
15700 Needwood Lake Circle | Rockville, MD 20855  
[LakeNeedwoodBoats.org](http://LakeNeedwoodBoats.org)

★ **OPENING MEMORIAL DAY WEEKEND** ★



*Cool off in the 280-jet water maze or challenge yourself to a round of miniature golf*

**SOUTH GERMANTOWN SPLASHPARK & MINIGOLF**  
18056 Central Park Circle | Boyds, MD 20841  
[SplashandGolf.com](http://SplashandGolf.com)





**SOUTH GERMANTOWN DRIVING RANGE**  
18045 Central Park Circle | Boyds, MD 20841  
301-670-4670  
[SGDrivingRange.org](https://SGDrivingRange.org)

## GOLF

### Spring Break Golf Camp

What a fun way to spend Spring Break! Monday through Thursday at the Driving Range, campers will learn how to putt, chip, pitch, drive and use irons and woods with the help of a Montgomery County Golf Academy instructor. On Friday, we'll play a 9-hole tournament at Needwood Golf Course. Golf equipment will be provided to those who don't have their own golf clubs.

*South Germantown Driving Range*

[Click to Register](#)

Apr 3 - Apr 7	Mon	9a-12p	\$210	Ages 9 to 14	5 Classes	<a href="#">PSGDR0018-100001</a>
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### Beginning Golf, Adult

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

*South Germantown Driving Range*

[Click to Register](#)

Mar 21 - Apr 11	Tue	5:30-6:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR0010-100001</a>
Mar 23 - Apr 13	Thu	5:30-6:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR0010-100002</a>
Mar 25 - Apr 15	Sat	2:30-3:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR0010-100003</a>
Apr 25 - May 16	Tue	5:30-6:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR0010-100004</a>
Apr 27 - May 18	Thu	5:30-6:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR0010-100005</a>
Apr 29 - May 20	Sat	2:30-3:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR0010-100006</a>
Mar 25 - Apr 15	Sat	5:30-6:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR0010-100007</a>

### Beginning Golf, Junior

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

*South Germantown Driving Range*

[Click to Register](#)

Mar 25 - Apr 15	Sat	3:30-4:30p	\$99	Ages 7 to 15	4 Classes	<a href="#">PSGDR0011-100001</a>
Apr 29 - May 20	Sat	3:30-4:30p	\$99	Ages 7 to 15	4 Classes	<a href="#">PSGDR0011-100002</a>

## Parent and Child Golf

Golf is a great game for kids to start early, and you will have a great time learning together. With the help of a Montgomery County Golf Academy Certified Instructor, you and your child (age 7-14) will learn the basics of golf, including proper stance, grip, chipping, putting, driving, and more. If you are already a golfer, the instructor will work with you at your level to help you improve your game. Fee covers one child and one adult; register the child only. Fee covers instruction, loaner clubs and balls.

### South Germantown Driving Range

[Click to Register](#)

Mar 25 - Apr 15	Sat	11a-12p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR0015-100001</a>
Mar 25 - Apr 15	Sat	12-1p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR0015-100002</a>
Mar 25 - Apr 15	Sat	4:30-5:30p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR0015-100003</a>
Apr 29 - May 20	Sat	11a-12p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR0015-100004</a>
Apr 29 - May 20	Sat	12-1p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR0015-100005</a>
Apr 29 - May 20	Sat	4:30-5:30p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR0015-100006</a>

## Junior Golf Clinic

One day clinics are a great way for your junior golfer to learn and gradually improve skills on a month-to-month basis. Each month we will offer various clinics, each focusing on a particular swing or golf skill. You choose which classes you want and register and pay for them at one time. It's golf à la carte! Visit our website or check the Clubhouse for specific skills schedule.

### South Germantown Driving Range

[Click to Register](#)

Mar 30	Thu	6:30-7:30p	\$15	Ages 7 to 15	1 Class	<a href="#">PSGDR0012-100001</a>
May 9	Tue	6:30-7:30p	\$15	Ages 7 to 15	1 Class	<a href="#">PSGDR0012-100002</a>
Apr 1	Sat	1-2p	\$15	Ages 7 to 15	1 Class	<a href="#">PSGDR0012-100003</a>
Apr 15	Sat	1-2p	\$15	Ages 7 to 15	1 Class	<a href="#">PSGDR0012-100004</a>
May 6	Sat	1-2p	\$15	Ages 7 to 15	1 Class	<a href="#">PSGDR0012-100005</a>
May 20	Sat	1-2p	\$15	Ages 7 to 15	1 Class	<a href="#">PSGDR0012-100006</a>



## Ladies Golf Clinic

One day clinics are a great way for you to learn and gradually improve your skills. Each clinic will focus on different aspects of the game in a friendly, ladies only environment

*South Germantown Driving Range*

[Click to Register](#)

May 16	Tue	4:30-5:30p	\$20	Ages 18 and up	1 Class	<a href="#">PSGDR0014-100004</a>
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## Short Game Golf Clinic

One day clinics are a great way for you to learn tips and advice to improve specific skills. Clinics focus on chipping, putting, and bunker play. Come and improve the most important part of your game with us!

*South Germantown Driving Range*

[Click to Register](#)

May 18 - May 18	Thu	4:30-5:30p	\$20	Ages 18 and up	1 Class	<a href="#">PSGDR0017-100002</a>
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## ARCHERY

### Beginner Archery

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

*South Germantown Driving Range*

[Click to Register](#)

Apr 29 - May 20	Sat	2-3:30p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR0001-100001</a>
Mar 19 - Apr 16	Sun	2-3:30p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR0001-100002</a>
Apr 1 - Apr 22	Sat	2-3:30p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR0001-100003</a>
Apr 23 - May 14	Sun	2-3:30p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR0001-100004</a>





## Intermediate Archery

Prerequisite: Passed Beginner Archery Interested in more archery? Intermediate archery focuses on the draw cycle. You will learn how to anchor, transfer/hold, aim, and release/follow through. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

### South Germantown Driving Range

[Click to Register](#)

Apr 1 - Apr 22	Sat	3:30-5p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR0003-100001</a>
Mar 19 - Apr 16	Sun	3:30-5p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR0003-100002</a>
Apr 23 - May 14	Sun	3:30-5p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR0003-100003</a>
Apr 29 - May 20	Sat	3:30-5p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR0003-100004</a>

## Parent and Child Archery

Whether you are a novice, or you shoot better than Robin Hood, this class is for parent/guardian and their children interested in the sport of archery. It is a really FUN way for boys and girls to learn about archery in a positive learning environment involving both parent and child! Participants should wear comfortable clothing. This is an outdoor class, so participants should dress accordingly. Fee covers one child and one adult; register the child only.

### South Germantown Driving Range

[Click to Register](#)

Apr 1 - Apr 22	Sat	12:30-2p	\$65	Ages 7 to 15	4 Classes	<a href="#">PSGDR0004-100001</a>
Mar 19 - Apr 16	Sun	12:30-2p	\$65	Ages 7 to 15	4 Classes	<a href="#">PSGDR0004-100002</a>
Apr 29 - May 20	Sat	12:30-2p	\$65	Ages 7 to 15	4 Classes	<a href="#">PSGDR0004-100003</a>
Apr 23 - May 14	Sun	12:30-2p	\$65	Ages 7 to 15	4 Classes	<a href="#">PSGDR0004-100004</a>



**CABIN JOHN ICE RINK**

10610 Westlake Dr | Rockville, MD 20852  
301-765-8620  
[CabinJohnIce.org](https://CabinJohnIce.org)

**WHEATON ICE ARENA**

11717 Orebaugh Ave | Wheaton, MD 20902  
301-905-3000  
[WheatonIceArena.org](https://WheatonIceArena.org)

**CLASS DATES**

Registration Dates: April 17-23

Class Dates: April 25-June 12

**On your first day of class...**

- Check in at the Group Lesson area in the rink lobby.
- Wear one pair of thin long socks that cover your ankles.
- Helmets and gloves are highly recommended for safety.
- Arrive at the rink 30 minutes early for your first lesson, and 15–20 minutes early for subsequent lessons to have time to get skates on properly.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You'll have better balance and protections against injuries.

**EVENTS AND IMPORTANT DATES:**

- Open for public skating
- No Classes: March 31-April 9, May 26-29

**COURSE FEES COVER**

1. Six instructed group lessons
2. Skate rental
3. A practice pass good for public skating admissions and skate rental during the lesson series

**PLEASE NOTE**

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.

# PUBLIC SESSIONS

Visit our websites for  
schedules and pricing.

[CabinJohnIce.org](https://CabinJohnIce.org)  
[WheatonIceArena.org](https://WheatonIceArena.org)



## ICE SKATING CLASSES

### Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3-5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

#### *Cabin John Ice Rink*

[Click to Register](#)

Apr 30 - Jun 11	Sun	11:30a-12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-112001</a>
Apr 30 - Jun 11	Sun	2:15-2:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-112002</a>
Apr 26 - May 31	Wed	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-112003</a>
Apr 28 - Jun 9	Fri	11:30a-12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-112005</a>
Apr 29 - Jun 10	Sat	10:30-11a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-112006</a>

#### *Wheaton Ice Arena*

[Click to Register](#)

Apr 30 - Jun 11	Sun	12:30-1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-115003</a>
Apr 28 - Jun 9	Fri	9:45-10:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-115005</a>
Apr 27 - Jun 1	Thu	5-5:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-115006</a>
Apr 27 - Jun 1	Thu	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-115007</a>
Apr 29 - Jun 10	Sat	11:45a-12:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-115008</a>

### Preschool Ice Skating 1 (Beginner)

This class is designed for children ages 3-5 who are beginning skaters. Skaters will learn how to sit and stand up on skates (off and on the ice); march in place; march forward; glide on two feet; and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves

#### *Cabin John Ice Rink*

[Click to Register](#)

Apr 30 - Jun 11	Sun	11:30a-12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-112001</a>
Apr 30 - Jun 11	Sun	2:15-2:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-112002</a>
Apr 25 - Jun 30	Tue	4-4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-112003</a>
Apr 26 - May 31	Wed	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-112004</a>
Apr 26 - May 31	Wed	4-4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-112005</a>
Apr 28 - Jun 9	Fri	11:30a-12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-112006</a>
Apr 29 - Jun 10	Sat	10:45-11:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-112007</a>

## Preschool Ice Skating 1 (Beginner) (continued)

### Wheaton Ice Arena

[Click to Register](#)

Apr 30 - Jun 11	Sun	2:15-2:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-115004</a>
Apr 25 - Jun 1	Tue	12:30-1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-115007</a>
Apr 27 - Jun 1	Thu	5:30-6p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-115008</a>
Apr 28 - Jun 9	Fri	10:45-11:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-115009</a>
Apr 29 - Jun 10	Sat	10:45-11:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-115011</a>

## Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3-5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves

### Cabin John Ice Rink

[Click to Register](#)

Apr 30 - Jun 11	Sun	11:30a-12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-112001</a>
Apr 30 - Jun 11	Sun	2:45-3:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-112002</a>
Apr 25 - May 30	Tue	4-4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-112003</a>
Apr 26 - May 31	Wed	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-112004</a>
Apr 26 - May 31	Wed	4-4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-112005</a>
Apr 28 - Jun 9	Fri	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-112006</a>
Apr 28 - Jun 9	Fri	3:30-4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-112007</a>
Apr 29 - Jun 10	Sat	10:45a-11:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-112008</a>
Apr 29 - Jun 10	Sat	11:45a-12:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-112009</a>

### Wheaton Ice Arena

[Click to Register](#)

Apr 30 - Jun 11	Sun	2:15-2:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-115003</a>
Apr 25 - May 30	Tue	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-115006</a>
Apr 26 - May 31	Wed	1-1:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-115007</a>
Apr 27 - Jun 1	Thu	5-5:30p	\$114	Ages 3 to 6	6 Classes	<a href="#">PICE0102-115008</a>
Apr 28 - Jun 9	Fri	12:30-1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-115009</a>
Apr 28 - Jun 9	Fri	5:30-6p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-115010</a>
Apr 29 - Jun 10	Sat	11:45a-12:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-115011</a>

## Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3-5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

### Cabin John Ice Rink

[Click to Register](#)

Apr 30 - Jun 11	Sun	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-112001</a>
Apr 30 - Jun 11	Sun	2:45-3:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-112002</a>
Apr 25 - May 30	Tue	4-4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-112003</a>
Apr 26 - May 31	Wed	3:30-4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-112005</a>
Apr 28 - Jun 9	Fri	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-112006</a>
Apr 28 - Jun 9	Fri	3:30-4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-112007</a>
Apr 29 - Jun 10	Sat	11:45a-12:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-112008</a>
Apr 29 - Jun 10	Sat	2:30-3p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-112009</a>

### Wheaton Ice Arena

[Click to Register](#)

Apr 30 - Jun 11	Sun	1:15-1:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-115002</a>
Apr 26 - May 31	Wed	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-115003</a>
Apr 25 - May 30	Tue	12:30-1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-115004</a>
Apr 27 - Jun 1	Thu	4:30-5p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-115005</a>
May 5 - Jun 9	Fri	5:30-6p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-115006</a>



## Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3-5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

### *Cabin John Ice Rink*

[Click to Register](#)

Apr 30 - Jun 11	Sun	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-112001</a>
Apr 30 - Jun 11	Sun	2:45-3:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-112002</a>
Apr 26 - May 31	Wed	3:30-4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-112004</a>
Apr 28 - Jun 9	Fri	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-112005</a>
Apr 28 - Jun 9	Fri	3:30-4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-112006</a>
Apr 29 - Jun 10	Sat	11:45a-12:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-112007</a>
Apr 29 - Jun 10	Sat	2:30-3p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-112008</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Apr 30 - Jun 11	Sun	1:15-1:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-115003</a>
Apr 28 - Jun 9	Fri	4:30-5p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-115004</a>
Apr 26 - May 31	Wed	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-115005</a>

## Preschool Skating Superstars

For skaters ages 4-8, who have completed Preschool Skating Level 2 or 3 or Youth Level 1, this 3-week class offers a high-energy fun time on the ice. Class starts with an on ice warm-up to music, followed by focused skating technique work. Engaging games and colorful obstacle courses strengthen forward/backward skating, turns and stopping skills. Students listen, learn, and practice their ice skating skills in an encouraging, joyful space. Series will run for 3 weeks on Sunday.

### *Wheaton Ice Arena*

[Click to Register](#)

Apr 29 - May 13	Sat	11:30a-12:15p	\$86	Ages 3 to 5	3 Classes	<a href="#">PICE0105-115001</a>
May 20 - Jun 10	Sat	11:30a-12:15p	\$86	Ages 3 to 5	3 Classes	<a href="#">PICE0105-115002</a>



## Youth Ice Skating 1 (Beginner)

This class is for beginner skaters ages 6-12. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are required (bike helmet is fine).

### *Cabin John Ice Rink*

[Click to Register](#)

Apr 30 - Jun 11	Sun	1-1:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112001</a>
Apr 30 - Jun 11	Sun	1:45-2:15p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112002</a>
May 1 - Jun 12	Mon	4-4:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112003</a>
Apr 25 - May 30	Tue	4:30-5p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112004</a>
Apr 26 - May 31	Wed	12:30-1p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112005</a>
Apr 26 - May 31	Wed	4:30-5p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112006</a>
Apr 27 - Jun 1	Thu	4-4:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112007</a>
Apr 28 - Jun 9	Fri	12:30-1p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112008</a>
Apr 28 - Jun 9	Fri	4:30-5p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112009</a>
Apr 29 - Jun 10	Sat	11:15-11:45a	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112011</a>
Apr 29 - Jun 10	Sat	12:15-12:45p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112012</a>
Apr 29 - Jun 10	Sat	1:30-2p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-112013</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Apr 30 - Jun 11	Sun	2:15-2:45p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-115002</a>
Apr 27 - Jun 1	Thu	1-1:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-115005</a>
Apr 27 - Jun 1	Thu	5:30-6p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-115006</a>
Apr 28 - Jun 9	Fri	6-6:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-115008</a>
Apr 29 - Jun 10	Sat	10:45-11:15a	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-115010</a>

## Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. This class is for skaters ages 4-12. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

### *Cabin John Ice Rink*

[Click to Register](#)

Apr 30 - Jun 11	Sun	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112001</a>
Apr 30 - Jun 11	Sun	3:15-3:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112002</a>
May 1 - Jun 12	Mon	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112003</a>
Apr 25 - May 30	Tue	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112004</a>
Apr 26 - May 31	Wed	12:30-1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112005</a>
Apr 26 - May 31	Wed	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112006</a>
Apr 27 - Jun 1	Thu	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112007</a>
Apr 28 - Jun 9	Fri	12:30-1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112008</a>
Apr 28 - Jun 9	Fri	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112009</a>
Apr 29 - Jun 10	Sat	9-9:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112010</a>
Apr 29 - Jun 10	Sat	11:15-11:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112011</a>
Apr 29 - Jun 10	Sat	12:15-12:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112012</a>
Apr 29 - Jun 10	Sat	2-2:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112013</a>
Apr 26 - May 31	Wed	5:30-6p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-112014</a>

### *Wheaton Ice Arena*

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Apr 30 - Jun 11	Sun	2:15-2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-115002</a>
Apr 25 - May 30	Tue	12-12:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-115003</a>
Apr 26 - May 31	Wed	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-115004</a>
Apr 27 - Jun 1	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-115007</a>
Apr 28 - Jun 9	Fri	12:30-1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-115009</a>
Apr 28 - Jun 9	Fri	6:30-7p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-115010</a>
Apr 29 - Jun 10	Sat	10:45-11:15a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-115011</a>
Apr 29 - Jun 10	Sat	11:45a-12:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-115012</a>

## Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Apr 30 - Jun 11	Sun	11-11:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112001</a>
Apr 30 - Jun 11	Sun	1:45-2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112002</a>
Apr 30 - Jun 11	Sun	3:15-3:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112003</a>
May 1 - Jun 12	Mon	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112004</a>
Apr 25 - May 30	Tue	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112005</a>
Apr 26 - May 31	Wed	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112006</a>
Apr 26 - May 31	Wed	5-5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112007</a>
Apr 27 - Jun 1	Thu	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112008</a>
Apr 28 - Jun 9	Fri	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112009</a>
Apr 29 - Jun 10	Sat	9-9:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112011</a>
Apr 29 - Jun 10	Sat	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112012</a>
Apr 29 - Jun 10	Sat	2-2:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112013</a>
Apr 29 - Jun 10	Sat	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112014</a>
Apr 28 - Jun 9	Fri	5-5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-112015</a>

### *Wheaton Ice Arena*

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Apr 30 - Jun 11	Sun	1:15-1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-115001</a>
Apr 25 - May 30	Tue	12:30-1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-115003</a>
Apr 27 - Jun 1	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-115005</a>
Apr 28 - Jun 9	Fri	6:30-7p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-115007</a>
Apr 29 - Jun 10	Sat	11:45a-12:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-115009</a>

## Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

### Cabin John Ice Rink

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Apr 30 - Jun 11	Sun	11-11:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112001</a>
Apr 30 - Jun 11	Sun	3:45-4:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112002</a>
May 1 - Jun 12	Mon	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112003</a>
Apr 25 - May 30	Tue	5-5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112004</a>
Apr 26 - May 31	Wed	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112005</a>
Apr 26 - May 31	Wed	5-5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112006</a>
Apr 27 - Jun 1	Thu	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112008</a>
Apr 28 - Jun 9	Fri	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112009</a>
Apr 29 - Jun 10	Sat	9-9:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112010</a>
Apr 29 - Jun 10	Sat	10:30-11a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112011</a>
Apr 29 - Jun 10	Sat	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112012</a>
Apr 29 - Jun 10	Sat	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-112013</a>

### Wheaton Ice Arena

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Apr 30 - Jun 11	Sun	1:15-1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-115001</a>
Apr 27 - Jun 1	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-115004</a>
Apr 28 - Jun 9	Fri	6-6:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-115005</a>
Apr 29 - Jun 10	Sat	11:15-11:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-115006</a>



## Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

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Apr 30 - Jun 11	Sun	12:30-1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-112001</a>
Apr 30 - Jun 11	Sun	3:45-4:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-112002</a>
Apr 25 - May 30	Tue	5-5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-112003</a>
Apr 26 - May 31	Wed	5:30-6p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-112005</a>
Apr 28 - Jun 9	Fri	5-5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-112006</a>
Apr 29 - Jun 10	Sat	9-9:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-112007</a>
Apr 29 - Jun 10	Sat	10:30-11a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-112008</a>
Apr 29 - Jun 10	Sat	1:30-2p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-112009</a>

### *Wheaton Ice Arena*

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Apr 30 - Jun 11	Sun	1:15-1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-115001</a>
Apr 27 - Jun 1	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-115003</a>
Apr 29 - Jun 10	Sat	11:15-11:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-115005</a>

## Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

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May 1 - Jun 12	Mon	5-5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-112002</a>
Apr 27 - Jun 1	Thu	5-5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-112003</a>
Apr 29 - Jun 10	Sat	9:45-10:30a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-112004</a>
Apr 29 - Jun 10	Sat	3:15-4p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-112005</a>

### *Wheaton Ice Arena*

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Apr 30 - Jun 11	Sun	1:45-2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0206-115001</a>
Apr 27 - Jun 1	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0206-115002</a>
Apr 29 - Jun 10	Sat	11:15-11:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0206-115004</a>

## Therapeutic Ice Skating 1

Ages 18 and under. This beginning ice skating class is for people with cognitive and/or developmental disabilities who want to learn how to ice skate. Skaters will learn proper technique to fall on the ice and recover, skate forward, and stop safely. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are required.

*Cabin John Ice Rink*

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Apr 29 - Jun 10	Sat	8:15-8:45a	\$114	Ages 4 to 18	6 Classes	<a href="#">PICE0215-112001</a>
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## Teen and Adult Ice Skating 1

This class is for beginner teen & adult skaters. Learn falling & recovery, forward marching, forward two-foot glide, forward swizzles, one forward/one backward swizzle, dip, and forward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card. Helmet & gloves are strongly recommended.

*Cabin John Ice Rink*

[Click to Register](#)

Apr 30 - Jun 11	Sun	12:30-1p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-112001</a>
Apr 27 - Jun 1	Thu	1:15-1:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-112002</a>
Apr 27 - Jun 1	Thu	7:30-8p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-112003</a>
Apr 29 - Jun 10	Sat	9-9:30a	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-112004</a>

*Wheaton Ice Arena*

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Apr 27 - Jun 1	Thu	6:15-6:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-115003</a>
Apr 28 - Jun 9	Fri	1-1:30p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-115004</a>
Apr 29 - Jun 10	Sat	10:45-11:15a	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-115005</a>



## Teen and Adult Ice Skating 2

Prerequisite: Passed Teen and Adult Ice Skating 1. Learn forward skating, forward one-foot glides, forward slalom, backward skating, backward swizzles, and two-foot turns in place. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

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Apr 27 - Jun 1	Thu	1:15-1:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-112001</a>
Apr 27 - Jun 1	Thu	7:30-8p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-112002</a>
Apr 29 - Jun 10	Sat	9-9:30a	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-112003</a>

### *Wheaton Ice Arena*

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Apr 30 - Jun 11	Sun	2:15-2:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-115001</a>
Apr 25 - May 30	Tue	1-1:30p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-115002</a>
Apr 27 - Jun 1	Thu	6:15-6:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-115003</a>
Apr 28 - Jun 9	Fri	1-1:30p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-115004</a>
Apr 29 - Jun 10	Sat	10:45-11:15a	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-115005</a>

## Teen and Adult Ice Skating 3

Prerequisite: Passed Teen and Adult Ice Skating 2. Learn forward stroking, forward half-swizzle pumps on circle, moving forward to backward and backward to forward two-foot turn on a circle, backward skating & glide, forward chasses on a circle, and backward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

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Apr 27 - Jun 1	Thu	12:30-1:15p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0222-112003</a>
Apr 27 - Jun 1	Thu	8-8:45p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0222-112004</a>
Apr 29 - Jun 10	Sat	9:45-10:30a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0222-112005</a>

### *Wheaton Ice Arena*

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Apr 26 - May 31	Wed	12:30-1:30p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0222-115001</a>
Apr 27 - Jun 1	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0222-115002</a>
Apr 29 - Jun 10	Sat	11:15-11:45a	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0222-115003</a>
Apr 30 - Jun 11	Sun	1:45-2:15p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0222-115004</a>

## Teen and Adult Ice Skating 4

Prerequisite: Passed Teen and Adult Ice Skating 3. Learn forward outside & inside edges on a circle, forward crossovers, backward one-foot glides, backward half swizzle pumps on a circle and Hockey stop. Fee includes skate rental (if needed) plus a skating practice card.

### Cabin John Ice Rink

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Apr 27 - Jun 1	Thu	12:30-1:15p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0223-112003</a>
Apr 27 - Jun 1	Thu	8-8:45p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0223-112004</a>
Apr 29 - Jun 10	Sat	9:45-10:30a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0223-112005</a>

### Wheaton Ice Arena

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Apr 30 - Jun 11	Sun	1:45-2:15p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0223-115001</a>
Apr 27 - Jun 1	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0223-115002</a>
Apr 26 - May 31	Wed	12:30-1p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0223-115004</a>

## Teen and Adult Ice Skating Advanced

Passed Teen and Adult Ice Skating 4. Learn back edges on a circle, backward crossovers, outside three-turn, swing rolls, advanced stroking with crossovers forwards & backwards, forward inside three-turns, forward outside to inside change of edge power pulls, T-stop, Lunge, and two-foot to one-foot spins. Fee includes skate rental (if needed) plus a skating practice card.

### Cabin John Ice Rink

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May 1 - Jun 12	Mon	8:15-9p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0224-112001</a>
Apr 29 - Jun 10	Sat	9:45-10:30a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0224-112002</a>
Apr 27 - Jun 1	Thu	11:45a-12:30p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0224-112003</a>

### Wheaton Ice Arena

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Apr 27 - Jun 1	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0224-115001</a>
Apr 29 - Jun 10	Sat	10:45-11:30a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0224-115002</a>

## Teen and Adult Free Skate

Prerequisite: Passed Teen and Adult Ice Skating Advanced. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental (if needed) plus a skating practice card.

### Cabin John Ice Rink

[Click to Register](#)

Apr 29 - Jun 10	Sat	9:45-10:30a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0225-112001</a>
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### Wheaton Ice Arena

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Apr 29 - Jun 10	Sat	10:45-11:30a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0225-115001</a>
Apr 27 - Jun 1	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0225-115002</a>

## Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn forward inside open mohawk, backward outside edge to forward outside edge transition on a circle, ballet jump, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

### Cabin John Ice Rink

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May 1 - Jun 12	Mon	5-5:45p	\$171	Ages 4 to 16	6 Classes	<a href="#">PICE0300-112002</a>
Apr 27 - Jun 1	Thu	5-5:45p	\$171	Ages 4 to 16	6 Classes	<a href="#">PICE0300-112003</a>
Apr 29 - Jun 10	Sat	9:45-10:30a	\$171	Ages 4 to 16	6 Classes	<a href="#">PICE0300-112004</a>
Apr 29 - Jun 10	Sat	3:15-4p	\$171	Ages 4 to 16	6 Classes	<a href="#">PICE0300-112005</a>

### Wheaton Ice Arena

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Apr 30 - Jun 11	Sun	1:45-2:15p	\$114	Ages 4 to 17	6 Classes	<a href="#">PICE0300-115004</a>
Apr 27 - Jun 1	Thu	6:45-7:15p	\$114	Ages 4 to 17	6 Classes	<a href="#">PICE0300-115005</a>
Apr 29 - Jun 10	Sat	11:45a-12:15p	\$114	Ages 4 to 17	6 Classes	<a href="#">PICE0300-115007</a>

## Free Skate 1

Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

### Cabin John Ice Rink

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May 1 - Jun 12	Mon	6-6:45p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0310-112004</a>
Apr 27 - Jun 1	Thu	5:45-6:30p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0310-112005</a>
Apr 29 - Jun 10	Sat	11-11:45a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0310-112006</a>

### Wheaton Ice Arena

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Apr 27 - Jun 1	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0310-115005</a>
Apr 30 - Jun 11	Sun	1:45 - 2:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0310-115007</a>



## Free Skate 2

Prerequisite: Passed Free Skate 1. Skaters will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

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May 1 - Jun 12	Mon	6-6:45a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0312-112004</a>
Apr 27 - Jun 1	Thu	5:45-6:30a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0312-112005</a>
Apr 29 - Jun 10	Sat	11-11:45a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0312-112006</a>

### *Wheaton Ice Arena*

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Apr 27 - Jun 1	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0312-115005</a>
Apr 30 - Jun 11	Sun	1:45 - 2:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0312-115007</a>

## Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

### *Cabin John Ice Rink*

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May 1 - Jun 12	Mon	6:45-7:30p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0314-112004</a>
Apr 27 - Jun 1	Thu	6:45-7:30p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0314-112005</a>
Apr 29 - Jun 10	Sat	11-11:45a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0314-112006</a>

### *Wheaton Ice Arena*

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Apr 27 - Jun 1	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0314-115005</a>
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## Free Skate 4

Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

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May 1 - Jun 12	Mon	6:45-7:30p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0316-112004</a>
Apr 27 - Jun 1	Thu	6:45-7:30p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0316-112005</a>
Apr 29 - Jun 10	Sat	11-11:45a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0316-112006</a>

### *Wheaton Ice Arena*

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Apr 27 - Jun 1	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0316-115005</a>
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## Free Skate 5

Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

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May 1 - Jun 12	Mon	7:30-8:15p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0318-112004</a>
Apr 29 - Jun 10	Sat	11-11:45a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0318-112006</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Apr 27 - Jun 1	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0318-115005</a>
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## Free Skate 6

Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

May 1 - Jun 12	Mon	7:30-8:15p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0320-112004</a>
Apr 29 - Jun 10	Sat	11-11:45a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0320-112006</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Apr 27 - Jun 1	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0320-115005</a>
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## ICE SKATING SPECIALITY CLASSES

### Aspire Figure Skating Academy

The Aspire Academy is for figure skaters at the Pre Free Skate level and higher. This 30-minute weekly session will include sessions on power stroking, advanced turns, spins, jumps, choreography, ice dance, moves in the field, and performance. It's goal is to allow additional ice time and group instruction to our figure skaters (youth and adult) and this can be taken in addition to your regular free skate class. We will offer an off ice session during each series for parents and skaters to talk about topics such as figure skating topics such as equipment, testing, and competition.

*Wheaton Ice Arena*

[Click to Register](#)

Apr 26 - May 31	Wed	6-6:45p	\$171	Ages 6 and up	6 Classes	<a href="#">PICE0321-115001</a>
Apr 26 - May 31	Wed	6-6:45p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0321-115002</a>

### Adult Edge Class

Join us for an adults only 30 minute edge class followed by 30 minutes of free skating time on the NHL Rink. Class will focus on improving edges, turns, and power as well as fitness. Skaters should be comfortable with forward and backward stroking, basic turns, and crossovers.

*Cabin John Ice Rink*

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Apr 11	Tue	10:45-11:45a	\$19	Ages 18 and up	1 Class	<a href="#">PCJI2004-102124</a>
Apr 13	Thu	10:45-11:45a	\$19	Ages 18 and up	1 Class	<a href="#">PCJI2004-102125</a>
Apr 18	Tue	10:45-11:45a	\$19	Ages 18 and up	1 Class	<a href="#">PCJI2004-102126</a>
Apr 20	Thu	10:45-11:45a	\$19	Ages 18 and up	1 Class	<a href="#">PCJI2004-102127</a>
Apr 25	Tue	10:45-11:45a	\$19	Ages 18 and up	1 Class	<a href="#">PCJI2004-102128</a>
Apr 27	Thu	10:45-11:45a	\$19	Ages 18 and up	1 Class	<a href="#">PCJI2004-102129</a>

### Advanced Spins

This class is for skaters at the Free Skate 4 and higher level and will focus on advanced spins. (Skaters should be comfortable with scratch spin, sit spin, and beginning camel spin). Class will focus on learning basic spin features, combination spins, and flying spins. Fee includes a practice card good for admission to six public skating sessions.

*Cabin John Ice Rink*

[Click to Register](#)

Apr 28 - Jun 10	Sat	10:30-11a	\$114	Ages 6 and up	6 Classes	<a href="#">PICE0325-112001</a>
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## Moves and Edges

Prerequisite: Passed Basic 6. In these classes, skaters will work on power, edge quality, extension of line, quick and precise skating movements and pre-preliminary and preliminary moves in the field patterns. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

Apr 29 - Jun 10	Sat	10:30-11a	\$114	Ages 6 and up	6 Classes	<a href="#">PICE0333-112006</a>
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### *Wheaton Ice Arena*

[Click to Register](#)

Apr 27 - Jun 1	Thu	7:15-7:45p	\$114	Ages 6 and up	6 Classes	<a href="#">PICE0333-115001</a>
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## Ice Dance

This class will introduce you to basic ice dancing steps, posture, dance positions and timing. Skaters will learn basic ice dance steps including progressives, swing rolls, chasses, slide chasses, and closed mohawks. They will also learn the steps and partnering holds for dances in the preliminary and pre-bronze levels (US Figure Skating levels).

### *Cabin John Ice Rink*

[Click to Register](#)

Apr 29 - Jun 10	Sat	10:30-11a	\$114	Ages 6 and up	6 Classes	<a href="#">PICE0336-112006</a>
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## HOCKEY CLASSES

### Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, flat stick cut to skater's height, and hockey skates.

#### Cabin John Ice Rink

[Click to Register](#)

Apr 25 - May 30	Tue	5:30-6p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-112001</a>
Apr 26 - May 31	Wed	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-112002</a>
Apr 29 - Jun 10	Sat	9:15-9:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-112003</a>

#### Wheaton Ice Arena

[Click to Register](#)

Apr 30 - Jun 11	Sun	1:15-1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-115001</a>
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### Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates.

#### Cabin John Ice Rink

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Apr 25 - May 30	Tue	5:30-6p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-112001</a>
Apr 26 - May 31	Wed	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-112002</a>
Apr 29 - Jun 10	Sat	9:15-9:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-112003</a>

#### Wheaton Ice Arena

[Click to Register](#)

Apr 30 - Jun 11	Sun	1:15-1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-115001</a>
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#### Our Pro Shops offer a full line of skating equipment and services.

- Gear fitting
- Skate sharpening
- Blade mounting
- heat molding
- stretching
- and more!

Discounts available for students enrolled in group lessons

Book your appointment online at [CabinJohnIce.org](https://CabinJohnIce.org) or [WheatonIceArena.org](https://WheatonIceArena.org)



### Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

#### *Cabin John Ice Rink*

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Apr 25 - May 30	Tue	6:15-7p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0353-112001</a>
Apr 26 - May 31	Wed	6:45-7:30p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0353-112002</a>
Apr 29 - Jun 10	Sat	7:45-8:30a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0353-112003</a>

#### *Wheaton Ice Arena*

[Click to Register](#)

Apr 30 - Jun 11	Sun	2:15-2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0353-115001</a>
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### Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

#### *Cabin John Ice Rink*

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Apr 25 - May 30	Tue	7-7:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0354-112001</a>
Apr 26 - May 31	Wed	6:45-7:30p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0354-112002</a>
Apr 29 - Jun 10	Sat	7:45-8:30a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0354-112003</a>

#### *Wheaton Ice Arena*

[Click to Register](#)

Apr 30 - Jun 11	Sun	2:15-2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0354-115001</a>
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## Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

*Cabin John Ice Rink*

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Apr 25 - May 30	Tue	7:45-8:15p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0355-112001</a>
Apr 26 - May 31	Wed	7:30-8:15p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0355-112002</a>
Apr 29 - Jun 10	Sat	7:45-8:30a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0355-112003</a>

## Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

*Cabin John Ice Rink*

[Click to Register](#)

Apr 29 - Jun 10	Sat	9:45-10:30a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0357-112001</a>
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## Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

*Cabin John Ice Rink*

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Apr 26 - May 31	Wed	8:30-9:15p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0358-112001</a>
Apr 29 - Jun 10	Sat	7:45-8:30a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0358-112002</a>

## Stickhandling and Passing

Prerequisite: Passed Hockey 1. This class focuses on proper technique for stickhandling and passing. Skaters will learn individual skills including proper grips and maneuvering with a puck as well as fundamental passing skills with other players. No game experience is needed. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear required.

### *Cabin John Ice Rink*

[Click to Register](#)

Apr 29 - Jun 10	Sat	8:30-9a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0360-112001</a>
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### *Wheaton Ice Arena*

[Click to Register](#)

Apr 30 - Jun 11	Sun	1:45-2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0360-115001</a>
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## Hockey Offensive Skills

Prerequisite: Passed Hockey 3. This advanced hockey class will focus on getting through the offensive zone and putting the puck in the net. Topics covered will include shooting techniques and accuracy, speed and agility, stickhandling, skating in open ice, receiving passes, and defending the puck. Full gear required.

### *Cabin John Ice Rink*

[Click to Register](#)

Apr 29 - Jun 10	Sat	8:30-9a	\$114	Ages 5 to 11	6 Classes	<a href="#">PICE0361-112001</a>
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Apr 29 - Jun 10	Sat	8:30-9a	\$114	Ages 12 and up	6 Classes	<a href="#">PICE0361-112002</a>
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**PAULINE BETZ ADDIE TENNIS CENTER**  
7801 Democracy Blvd | Bethesda, MD 20817  
301-765-8650  
[CabinJohnTennis.org](https://CabinJohnTennis.org)

**WHEATON INDOOR TENNIS**  
11715 Orebaugh Ave | Wheaton, MD 20902  
301-905-3030  
[WheatonTennis.org](https://WheatonTennis.org)

Programs are subject to change.  
For the most up-to-date listings visit:  
[CabinJohnTennis.org](https://CabinJohnTennis.org) or [WheatonTennis.org](https://WheatonTennis.org)

### CLASS DATES

Registration Dates: April 17-23

Class Dates: April 25-June 12

### On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

### COURSE FEES COVER

- Six group lessons
- Starter racquet's available for purchase

### PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register!  
Classes may be canceled if a minimum enrollment is not met.

## TENNIS CLASSES

### Parent & Child Tennis

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

#### *Pauline Betz Addie Tennis Center*

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Apr 28 - Jun 9	Fri	5-6p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-110002</a>
Apr 29 - Jun 10	Sat	2-3p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-110003</a>
Apr 30 - Jun 11	Sun	2-3p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-110004</a>
Apr 25 - May 30	Tue	5-6p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-110005</a>
Apr 26 - May 31	Wed	5-6p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-110006</a>

#### *Wheaton Indoor Tennis*

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Apr 29 - Jun 10	Sat	12-1p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-116002</a>
Apr 30 - Jun 11	Sun	12-1p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-116003</a>
May 1 - Jun 12	Mon	6-7p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-116004</a>
Apr 26 - Jun 7	Wed	6-7p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-116005</a>

### Youth Tennis, Beginner 5-7

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

#### *Pauline Betz Addie Tennis Center*

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Apr 29 - Jun 10	Sat	9-10a	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-110011</a>
Apr 26 - May 31	Wed	4-5p	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-110012</a>
Apr 30 - Jun 11	Sun	9-10a	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-110013</a>

#### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 27 - Jun 1	Thu	6-7p	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-116011</a>
Apr 29 - Jun 10	Sat	1-2p	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-116012</a>
Apr 30 - Jun 11	Sun	11a-12p	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-116013</a>
May 1 - Jun 12	Mon	5-6p	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-116014</a>
Apr 25 - May 30	Tue	5-6p	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-116015</a>

## Youth Tennis, Intermediate 5-7

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

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Apr 28 - Jun 9	Fri	5-6p	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-110021</a>
Apr 29 - Jun 10	Sat	10-11a	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-110022</a>
Apr 30 - Jun 11	Sun	10-11a	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-110023</a>
Apr 26 - May 31	Wed	5-6p	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-110024</a>

## Youth Tennis, Beginner 7-10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

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Apr 25 - May 30	Tue	4-5p	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-110031</a>
Apr 29 - Jun 10	Sat	9-10a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-110032</a>
Apr 30 - Jun 11	Sun	9-10a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-110033</a>
May 1 - Jun 12	Mon	5-6p	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-110034</a>

### *Wheaton Indoor Tennis*

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May 4 - Jun 8	Thu	5-6p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-116031</a>
Apr 29 - Jun 10	Sat	11a-12p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-116032</a>
Apr 30 - Jun 11	Sun	9-10a	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-116033</a>
May 1 - Jun 12	Mon	5-6p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-116034</a>
Apr 25 - May 30	Tue	6-7p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-116035</a>
Apr 26 - May 31	Wed	6-7p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-116036</a>

## Youth Tennis, Intermediate 7-10

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

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Apr 29 - Jun 10	Sat	10-11a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-110042</a>
Apr 30 - Jun 11	Sun	10-11a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-110043</a>
May 1 - Jun 12	Mon	5-6p	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-110044</a>
Apr 27 - Jun 1	Thu	6-7p	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-110045</a>

### *Wheaton Indoor Tennis*

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Apr 27 - Jun 1	Thu	6-7p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-116041</a>
Apr 29 - Jun 10	Sat	9-10a	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-116042</a>
Apr 26 - May 31	Wed	5-6p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-116043</a>

## Youth Tennis, Advanced 7-10

Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

### *Pauline Betz Addie Tennis Center*

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Apr 29 - Jun 10	Sat	11a-12p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0025-110051</a>
May 1 - Jun 12	Mon	6-7p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0025-110052</a>
Apr 26 - May 31	Wed	6-7p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0025-110053</a>



## Youth Tennis, Intro to Match Play 7-10

Prerequisite: Passed Youth Tennis, Intermediate. It's time to put your skills into play. Learn the basics of match play using the USTA's Junior Team Tennis (JTT) format, where everyone earns points for the team. The focus will be on positioning, serve-and-return, and movement in both singles and doubles using a combination of Red and Orange Ball formats based on age and ability level.

### *Pauline Betz Addie Tennis Center*

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Apr 29 - Jun 10	Sat	3p-4p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-110061</a>
May 1 - Jun 12	Mon	5p-6p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-110062</a>
Apr 25 - May 30	Tue	5p-6p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-110063</a>
Apr 26 - May 31	Wed	5p-6p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-110064</a>
Apr 27 - Jun 1	Thu	4p-5p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-110065</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 30 - Jun 11	Sun	1-2p	\$129	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-116061</a>
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## Youth Tennis, More Match Play 7-10

Prerequisite: Passed Intro to Match Play or Instructor approval. Continue building your on-court confidence while playing matches for fun with friends in your class. In addition to improving upon positioning, strategy, movement, and shot selection, instruction will include how to construct and close out points. By the end of this class, you will be ready to take your game to a more competitive level.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

May 1 - Jun 12	Mon	6p-7p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0035-110073</a>
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## Beginner 1 Tennis, Middle School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

### *Pauline Betz Addie Tennis Center*

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Apr 30 - Jun 11	Sun	12-1p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-110081</a>
May 1 - Jun 12	Mon	6-7p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-110082</a>
Apr 25 - May 30	Tue	5-6p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-110083</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 27 - Jun 1	Thu	5-6p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-116081</a>
Apr 30 - Jun 11	Sun	10-11a	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-116082</a>
May 1 - Jun 12	Mon	6-7p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-116083</a>

## Beginner 2 Tennis, Middle School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 29 - Jun 10	Sat	2-3p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-110091</a>
Apr 27 - Jun 1	Thu	5-6p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-110092</a>
Apr 30 - Jun 11	Sun	1-2p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-110093</a>

## Intermediate Tennis, Middle School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 29 - Jun 10	Sat	1-2p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-110101</a>
Apr 30 - Jun 11	Sun	1-2p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-110102</a>
Apr 26 - May 31	Wed	6-7p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-110103</a>
Apr 27 - Jun 1	Thu	6-7p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-110104</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 30 - Jun 11	Sun	12-1p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-116101</a>
Apr 26 - May 31	Wed	5-6p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-116102</a>

## Beginner 1 Tennis, High School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

May 2 - Jun 13	Mon	7-8p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-110113</a>
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### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 28 - Jun 9	Fri	6-7p	\$117	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-116111</a>
Apr 29 - Jun 10	Sat	10-11a	\$117	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-116112</a>

## Beginner 2 Tennis, High School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

*Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 25 - May 30	Tue	6-7p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0060-110124</a>
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## Intermediate Tennis, High School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

*Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 29 - Jun 10	Sat	1-2p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0065-110131</a>
Apr 26 - May 30	Wed	6-7p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0065-110132</a>

## Advanced Match Play, Middle School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

*Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 28 - Jun 9	Fri	4p-5p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-110161</a>
Apr 29 - Jun 10	Sat	2p-3p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-110162</a>
Apr 30 - Jun 11	Sun	3p-4p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-110163</a>
Apr 25 - May 30	Tue	6p-7p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-110164</a>

*Wheaton Indoor Tennis*

[Click to Register](#)

Apr 28 - Jun 9	Fri	4-6p	\$258	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-116162</a>
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## Advanced Match Play Tennis, High School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or high school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 30 - Jun 11	Sun	11a-12p	\$150	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-110171</a>
Apr 27 - Jun 1	Thu	5-6p	\$150	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-110172</a>
Apr 26 - May 31	Wed	7-8p	\$150	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-110173</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 28 - Jun 9	Fri	4-6p	\$258	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-116172</a>
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## Beginner 1 Tennis, Adult (NTRP 2.0)

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 28 - Jun 9	Fri	7-8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-110181</a>
Apr 29 - Jun 10	Sat	10-11a	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-110182</a>
Apr 30 - Jun 11	Sun	10-11a	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-110183</a>
Apr 25 - May 30	Tue	7-8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-110184</a>
Apr 26 - May 31	Wed	10-11a	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-110185</a>
Apr 27 - Jun 1	Thu	7-8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-110186</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 27 - Jun 1	Thu	7-8p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0090-116181</a>
Apr 30 - Jun 11	Sun	9-10a	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0090-116182</a>
Apr 26 - May 31	Wed	7-8p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0090-116183</a>

## Beginner 2 Tennis, Adult (NTRP 2.5)

This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 29 - Jun 10	Sat	11a-12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-110191</a>
Apr 30 - Jun 11	Sun	11a-12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-110192</a>
Apr 25 - May 30	Tue	8-9p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-110193</a>
Apr 26 - May 31	Wed	11a-12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-110194</a>
Apr 27 - Jun 1	Thu	12-1p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-110195</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

May 1 - Jun 12	Mon	11a-12p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0095-116191</a>
Apr 25 - May 30	Tue	7-8p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0095-116192</a>

## Intermediate Tennis, Adult (NTRP 3.0)

Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

### *Pauline Betz Addie Tennis Center*

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Apr 28 - Jun 9	Fri	11a-12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-110201</a>
Apr 29 - Jun 10	Sat	12p-1p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-110202</a>
Apr 30 - Jun 11	Sun	12p-1p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-110203</a>
May 1 - Jun 12	Mon	11a-12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-110204</a>
May 1 - Jun 12	Mon	7p-8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-110205</a>
Apr 25 - May 30	Tue	12p-1p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-110206</a>
Apr 25 - May 30	Tue	8p-9p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-110207</a>
Apr 26 - May 31	Wed	12p-1p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-110208</a>
Apr 26 - May 31	Wed	7p-8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-110209</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 30 - Jun 11	Sun	11a-12p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0100-116201</a>
Apr 25 - May 30	Tue	11a-12p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0100-116202</a>
Apr 26 - May 31	Wed	7-8p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0100-116203</a>

## Advanced Tennis, Adult (NTRP 4.0 & Up)

Prerequisite: Passed Intermediate or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 29 - Jun 10	Sat	3-4p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0110-110221</a>
Apr 30 - Jun 11	Sun	2-3p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0110-110222</a>
May 1 - Jun 12	Mon	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0110-110223</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

May 1 - Jun 12	Mon	8-9p	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0110-116221</a>
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## Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

### *Pauline Betz Addie Tennis Center*

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Apr 30 - Jun 11	Sun	2-3p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-110231</a>
May 1 - Jun 12	Mon	7-9p	\$300	Ages 18 and up	6 Classes	<a href="#">PTEN0115-110232</a>
Apr 25 - May 30	Tue	7-8p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-110233</a>
Apr 26 - May 31	Wed	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-110234</a>
Apr 27 - Jun 1	Thu	7-8p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-110235</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 27 - Jun 1	Thu	7-9p	\$258	Ages 18 and up	6 Classes	<a href="#">PTEN0115-116231</a>
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## Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

May 1 - Jun 12	Mon	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-110241</a>
Apr 25 - May 30	Tue	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-110242</a>
Apr 26 - May 31	Wed	7-9p	\$300	Ages 18 and up	6 Classes	<a href="#">PTEN0120-110243</a>
May 4 - Jun 8	Thu	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-110244</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 25 - May 30	Tue	7-9p	\$258	Ages 18 and up	6 Classes	<a href="#">PTEN0120-116241</a>
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## Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Apr 28 - Jun 9	Fri	10-11a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-110251</a>
Apr 28 - Jun 9	Fri	6-7p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-110252</a>
Apr 29 - Jun 10	Sat	9-10a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-110253</a>
Apr 30 - Jun 11	Sun	9-10a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-110254</a>
May 1 - Jun 12	Mon	10-11a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-110255</a>
Apr 25 - May 30	Tue	10-11a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-110256</a>
Apr 27 - Jun 1	Thu	10-11a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-110257</a>
May 2 - Jun 6	Tue	7-8p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-110258</a>
Apr 27 - Jun 1	Thu	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-110259</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Apr 30 - Jun 11	Sun	10-11a	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0125-116251</a>
May 1 - Jun 12	Mon	7-8p	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0125-116252</a>
Apr 26 - May 31	Wed	8-9p	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0125-116253</a>

## REGISTRATION INFORMATION

for Montgomery Parks

## WAYS TO REGISTER

### Online

Click the Course # link next to each program in this guide to register for that program or visit [ActiveMONTGOMERY.org](https://www.ActiveMONTGOMERY.org)

### By Mail

Fill out and sign the registration form and mail it to:

ActiveMONTGOMERY  
2425 Reddie Drive, 10th Floor  
Wheaton, MD 20902

**In-person registration is currently suspended.**



Use [ActiveMONTGOMERY.org](https://www.ActiveMONTGOMERY.org) to register for activities (courses, camps, etc.); to reserve community centers, park activity buildings, and other facilities; and to purchase memberships offered by Montgomery Parks and Montgomery County Recreation.

## QUESTIONS?

### Call 301-495-2580

Monday–Friday, 8:30 am– 4:30 pm  
[info@ActiveMONTGOMERY.org](mailto:info@ActiveMONTGOMERY.org)

### Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Phone: **301-495-2581**

MD Relay: **7-1-1 or 800-552-7724**

Email: [ProgramAccess@MontgomeryParks.org](mailto:ProgramAccess@MontgomeryParks.org)  
[MontgomeryParks.org/Accessibility](https://www.MontgomeryParks.org/Accessibility)

## PAYMENT INFORMATION

Full Payment must be made at time of registration. Do not submit registrations and/or payments to Parks Instructors.

**CHECKS & MONEY ORDERS:** Make checks and money orders payable to **ActiveMONTGOMERY**. Checks and money orders must include name, address and phone number. If your check is returned unpaid, your account will be debited for the original check amount, and electronically or via paper for the state's maximum allowable service fee.

Payment by check constitutes authorization of these transactions. you make revoke authorization by calling 800-666-5222, ext. 2 to arrange payment for any outstanding checks and service fees due. Please allow 2 weeks to receive a refund by check.

**CREDIT CARDS:** Visa, MasterCard, American Express and Discover are accepted. Registration form must include correct credit card number, expiration date, authorized signature and authorized total amount.

Montgomery Parks and Montgomery County Recreation reserve the right to pursue all available options to collect any funds owed as a result of a dishonored check or credit card, charges incurred due to unsubstantiated credit card disputes, or any outstanding debt.

## ACTIVITY WITHDRAWALS AND REFUNDS

Withdrawal Time Frame	Withdrawal Reason & Method	Refund Amount	Refund Form
Any	Activity <b>Canceled</b> by Parks or Recreation	<b>Full Refund</b>	Refund may be applied to customer's ActiveMONTGOMERY account; or returned in same form as payment rendered.
At least <b>5 (five) business days</b> before activity begins	Any reason, <b>ONLINE</b>	<b>Full Refund</b>	<b>If payment was made by credit card...</b> Refund will be applied to credit card.
			<b>If payment was made by check, cash, or money order...</b> Refund will be applied to customer's ActiveMONTGOMERY account.
	Any reason, <b>IN PERSON</b>	<b>Full Refund</b>	<b>Activity fee is \$25 or less...</b> Refund will be applied to customer's ActiveMONTGOMERY account.
			<b>Activity fee is \$26 or more...</b> Refund may be applied to customer's ActiveMONTGOMERY account, or refund check may be requested.
<b>Less than 5 business days</b> before activity begins <i>No withdrawals may be made <b>ONLINE</b> less than five days before activity begins.</i>	<b>Parks:</b> Withdraw in person at the hosting facility. <b>Recreation:</b> Email Rec.FinanceOffice@MontgomeryCountyMD.gov or withdraw in person at Rec HDQ.	<b>Refund Less \$25 Withdrawal Fee</b>	<b>Activity fee is \$49 or less:</b> Refund will be applied to customer's ActiveMONTGOMERY account.
			<b>Activity fee is \$50 or more:</b> Refund may be applied to customer's ActiveMONTGOMERY account, or customer may request a refund check.
For classes/sessions missed by participant	No refund of any type will be issued		
After second session/class of activity has met			
After the final session of activity has met			

The withdrawal and refund policies above pertain to all Parks and Recreation activities and rentals, unless otherwise noted in the activity description or facility rental agreement.



Use this form to register for BOTH Montgomery Parks AND Montgomery County Recreation activities.\*  
 Use este formulario para activides de LOS DOS Montgomery Parks Y Montgomery County Recreation.\*

**\* Required Info | Info Requerida**      **REGISTRATION FORM | FORMULARIO DE INSCRIPCIÓN**

Check here if this is a new address, phone number or email address. Please print. This form may be copied.       Marque aquí si esta es una dirección nueva, teléfono o dirección de correo electrónico. Por favor imprima. Este formulario puede ser reproducido.

**PARENT/GUARDIAN | PADRE/GUARDIÁN**

Last Name   Apellido *		First Name   Nombre *		Birthday   Fecha de nacimiento (mm/dd/yy) *		Email	
Address   Dirección *				City   Ciudad *		State   Estado *	ZIP   Código Postal *
Home Phone   Teléfono de Casa *			Work Phone   Teléfono de Trabajo			Cell Phone   Celular	

**EMERGENCY CONTACT | EMERGENCIA CONTACTO**  
For participants under 18 | Participantes de 18

Name   Nombre		Relationship   Relación		Phone   Telf.	
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Participant s Name (Last, First) Apellido y Nombre del Participante	Birthday (mm/dd/yy) Fecha de Nacimiento (mm/dd/yy)	Sex Sexo	Activity Name Nombre de la Actividad	Activity Number Número	Fees * Costo *

\*Non-County residents include an additional \$15 per participant, per activity for Montgomery County Recreation Department activities (not applicable for Parks activities)  
 \*Incluya \$15 por participante, por actividades de Montgomery County Recreation si vive fuera del Condado (no aplica por actividades de Parques)

**Total Program Fees:  
Cantidad Total:**

**To which ethnicity do you identify most?**

American Indian/Alaskan Native  
 Asian  
 Black or African American  
 Hispanic or Latino or Spanish Origin of Any Race  
 Native Hawaiian or Other Pacific Islander  
 White  
 Two or More Races  
 Other \_\_\_\_\_  
 Prefer not to answer

**PAYMENT OPTIONS\*** \* Required Info | Información requerida

**Total Program Fees \$** \_\_\_\_\_ **CASH \$** \_\_\_\_\_

**Non-Resident/Other Fees \$** \_\_\_\_\_ **Check #** \_\_\_\_\_ **\$** \_\_\_\_\_

**Total Fees Due \$** \_\_\_\_\_

**Make checks and money orders payable to:** ActiveMONTGOMERY.      **Mail checks to:** 2425 Reedie Drive, 10<sup>th</sup> Floor, Wheaton, MD 20902

**Will you need an ADA (Americans with Disabilities Act) disability accommodation (trained support staff, sign language interpreters, companion, Braille/large print, adaptive equipment, assistive listening/auxiliary devices, and/or audio description?)**

Yes  No

**If YES, please see below:**

<p><b>ADA Requests for Montgomery Parks</b>          To request an accommodation for M-NCPPC, Montgomery Parks programs you must contact the Program Access Office at 301-495-2477 or email ProgramAccess@montgomeryparks.org.</p>	<p><b>ADA Requests for Montgomery Country Recreation</b>          To request an accommodation for Montgomery County Recreation, you must contact the Therapeutic Recreation and Inclusion Services Office at 240-777-6870 or email rec.inclusion@montgomerycountymd.gov.</p>
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**IMPORTANT: Request should be made before the program begins.**

**\*SIGNATURE IS REQUIRED\* | \*SE REQUIERE LA FIRMA\***  
 Participant or Parent/Guardian Signature | Participante o Padre/Guardián Firma \_\_\_\_\_ Date | Fecha \_\_\_\_\_

The participant assumes all risks associated with participation in the program; neither the County nor Montgomery Parks/M-NCPPC assumes any liability for injury or damages arising from participation in the program. Due to the strenuous nature of some activities, each participant is encouraged to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment. The participant also consents to the County and Montgomery Parks/M-NCPPC's use of the participant's image and likeness as shown in any photographs, videotapes, motion picture film, or electronic images, and any audio recordings made of the participant's voice in whatever way the County and Montgomery Parks/M-NCPPC desires, including television, print and Internet websites. Furthermore, the participant consents that such photographs, films, recordings, electronic images shall be the sole property of the County and Montgomery Parks/M-NCPPC. If the participant is a minor, the parent of guardian approves his or her participation in the program. Neither the instructor nor any staff are responsible for children prior to or after scheduled program.

El participante asume todos los riesgos asociados con la participación en el programa; ninguno ni el Condado ni Montgomery Parks/M-NCPPC asume cualquier responsabilidad de lesiones daños debido a su participación en el programa. Debido a la naturaleza persistente de algunas actividades se alienta a consultar con un médico, se alienta a que cada participante consulte con su doctor sobre su capacidad física de participar en el programa. El participante consiente el tratamiento de emergencia. El participante también consiente que el Condado y Montgomery Parks/M-NCPPC's utilice las imágenes del participante y la posibilidad de mostrar fotografías videos, películas o imágenes electrónicas, y cualquier grabación de audio que se haga de la voz del participante en cualquier forma que el Condado y Montgomery Parks/M-NCPPC desee, incluyendo televisión, impresos, páginas del internet. Además, el participante consiente que las fotos, películas, grabaciones, imágenes electrónicas serán propiedad única del Condado.